#### **General Orientation Handbook**

#### General Policies/Procedures

#### 1. Infection Control

**Hand washing** is the single most important thing you can do to prevent getting infections. Wash your hands properly and frequently to help prevent the spread of infection. Please ensure that you have completed the Public Health Ontario Infection Prevention and Control Core Competencies Online Learning Courses if you have not completed these modules or the equivalent of these prior to the start of your placement. If you have not completed the online courses, please refer to the Public Health Ontario pages in this PDF for instructions. If you have any questions or concerns, contact Infection Control at ext. 33854.

# 2. Risk Management

Risk management is the responsibility of everyone at Lakeridge Health. Risk is exposure to an untoward event which may cause harm to the patient, staff or corporation. There is a process to manage incidents of risk and error. This process is important to minimize the exposure and harm, to identify opportunities to enhance current processes and practice, and to ensure responsibility and accountability of all. If you are involved in such an incident, discuss with your Faculty/Clinical Instructor or Preceptor. Contact Risk Management at ext. 33207.

# 3. Occupational Health & Safety

Everyone at Lakeridge Health, including students, need to be vigilant of Occupational Health and Safety hazards. Some of the responsibilities expected of students are to:

- Report any unsafe conditions to the appropriate supervisors immediately such as wet slippery floors, equipment left in the halls, stairways or walkways, defective equipment, careless handling of equipment, and use and storage of combustible material near open flames.
- Always be alert to safety issues with wheelchairs, beds, and other equipment used by the patient.
- Never operate electrical equipment with wet hands.
- Never place any pressurized containers, needles or glass containers in regular garbage.
- Use or wear required safety equipment as directed.
- Report all accidents and potential hazards in your work area to your preceptor immediately.

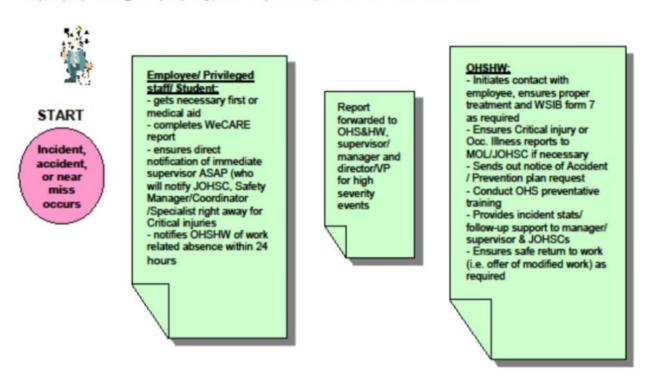
You can reach Occupational Health, Wellness & Safety at ext. 33710.

For additional supports and resources, visit the <u>Occupational Health and Safety WAVE</u> <u>page</u>. Students can enroll in the <u>WeCare Incident Report Submission</u> uLearn module, which provides education on how to enter and submit an incident report in the WeCare Hub.

## **Incident/Accident Management and Reporting for Students**

# LH Incident/Accident Investigation and Follow-up Flowchart

The term 'incident' refers to an undesired event that could have resulted in harm to people, damage to property, loss to process, or loss to the environment. Near miss is an occurrence that could have resulted in injury or other forms of loss had the circumstance been different. An 'accident' is an undesired event that can result in harm to people, damage to property, loss to process, and loss to environment.



## 4. Security

The role of Security is to provide a safe and secure environment at Lakeridge Health. Security is operated on a 24/7 central dispatch bases at ext. 34069. If you require a security escort to your car during evening or night shifts, contact ext. 34069. Security personnel are in full uniform, although are not assigned to all sites 24/7. The current security schedule is:

- Lakeridge Health Bowmanville: 2030-0630h, 7 days per week.
- Lakeridge Health Port Perry: 2030-0630h, 7 days per week.
- Lakeridge Health Oshawa: 24 hours per day, 7 days per week.
- Lakeridge Health Whitby: 1700h-0700h Monday to Friday, 24/7 weekends and holidays.
- Lakeridge Health Ajax: 24 hours per day, 7 days per week.

Student might not have access to the limited number of lockers and offices at Lakeridge Health. Check with your preceptor on available storage space. Please do not bring large amounts of cash or valuables to your practicum area.

# 5. Emergency Measures Codes:

During a code, the role of the student will depend on their level of knowledge and experience, and can be defined by their Preceptor at the beginning of placement. Please familiarize yourself with these codes.

Our Emergency Preparedness Manuel provides the framework to enable staff to respond to various emergency situations such as fire, reception of multiple casualties, hazardous spill etc. A "code" will be announced over the paging system when necessary. Staff members should respond according to departmental procedures.

All staff should become familiar with Emergency Codes to ensure patient and personal safety is not jeopardized. Reference to specific responsibilities can be found in the Emergency Preparedness Manuel, both on our intranet Wave and in hardcopy binders within each department.

#### **Emergency Codes:**

Code RED	Fire	
Code YELLOW	Missing Person	
Code AMBER	Missing/Abducted Child	
Code WHITE	Violent Person	
Code BROWN	In-Facility Hazardous Spill	
Code ORANGE	External Disaster	
Code ORANGE CBRN	Chemical/Biological/Radiological/Nuclear Disaster	
Code GREEN	Evacuation (Precautionary)	
Code GREEN (STAT)	Evacuation (Crisis)	
Code GREY	Infrastructure Loss/Failure	
Code GREY BUTTON DOWN	External Air Exclusion	
Code PURPLE	Hostage Taking	
Code BLACK	Bomb Threat/Suspicious Object	
Code PINK	Medical Emergency (Newborn > 1 month)	
Code BLUE	Medical Emergency Adult	
Code BLUE PAEDIATRIC	Medical Emergency up to 12 Years	

#### 6. Code of Conduct

Everyone at Lakeridge Health is expected to fulfill their roles in a professional and ethical manner. We are all expected to:

- Hold the health, safety, welfare and dignity of patients as our first priority in the performance of our roles and responsibilities.
- Demonstrate a sincere commitment to provide the highest quality care and service.
- Demonstrate courtesy, tact, empathy and compassion in interactions with others.
- Acknowledge and respect the inherent worth and individuality of each person and, therefore, do not engage in harassing or discriminatory behaviour.
- Strive for excellence in our roles through regular assessment of personal strengths, limitations and effectiveness and by continued education and training
- Support and reward work performance and achievement of others and accept responsibility for our actions.
- Lakeridge Health strives to maintain a safe environment free of all forms of discrimination, harassment, and abuse.

**Discrimination** is the less favourable treatment of persons because of their race, ancestry, place of origin, colour, ethnic origin, age, citizenship, creed, record of offenses, marital status, family status, disability, gender, pregnancy, or sexual orientation.

*Harassment* is comments or conducts that humiliates insults, intimidates or degrades another person. It is behaviour that is known or ought to be known, to be unwelcome, whether or not that effect was intended. It can occur in a variety of forms including inappropriate remarks, gestures, pictures or jokes.

**Sexual Harassment** is unwelcome conduct of a sexual nature. It includes sexual advances, requests for favour, or verbal or physical conduct that is unwelcome and cause insecurity, discomfort, offense or humiliation; have or appear to have a job- related condition or promise associated with it; and interfere with a person's work performance or create an intimidating, hostile or offensive work environment.

**Abuse** can be in the form of physical (unnecessary action that results in bodily harm, discomfort or injury), psychological (actions that result in fear or diminish a person's dignity or self-worth), sexual (unwelcome sexual activity), and/or verbal (comments that are embarrassing, offensive, threatening, or degrading to another person). If you are subjected to, or accused of discrimination, harassment or abuse, discuss with your Faculty or Preceptor. Human Resources can be contacted at ext. 34582.

# 7. Dress Code and Personal Hygiene Policy

In keeping with Lakeridge Health's patient-centred care and integrated safety models it is an expectation that all staff including students, will dress in a manner that ensures that patients and staff are safe and that staff portray a professional image. Please see Lakeridge Health's <a href="Dress Code">Dress Code</a> and Personal Hygiene Policy

#### 8. Fragrances and Scents:

In support of our commitment to a healthy workplace, Lakeridge Health is a fragrance free facility. Scented products contain certain chemicals that can cause serious problems for people with asthma, allergies, migraines and environmental illness. Please do not use scented perfumes, deodorants, aftershave lotions and other scented personal hygiene products during the course of your practicum.

# 9. Smoking:

Smoking or vaping is not permitted on hospital property. There are no designated smoking areas on hospital property. Lakeridge Health colleagues are to advise patients leaving their patient care area for the purposes of smoking/vaping off property that they must inform the nursing staff within their patient care area.

#### 10.Cell Phone Use:

Cell phones may interfere with medical devices. Please obey signage posted and do not use your cell phone while at a patient bedside or anywhere signage advises not to use it, i.e. Critical care, Cardio, O.R. etc.

Privacy and Cell Phones

Taking photos of patient related documents with hand held devices is not permitted.

Please familiarize yourself with the <u>Protection of Personal Health Information policy</u> on the WAVE.

# **Accessibility for Ontarians With Disabilities Act (AODA)**

The purpose of the AODA is to achieve a fully accessible Ontario by 2025. As part of its commitment to accessibility, the Ontario Government passed Accessibility Standards for Customer Service (Ontario Regulation 429/07) in January 1, 2008.

Please review

<u>Lakeridge Health's Helpful Staff Guide to Disability and Interacting with People with Disabilities.</u>

As a public sector organization, Lakeridge Health (LH) is required to comply with the legislative requirements such as having a policy in place on accessible customer service and providing accessibility education to all individuals (including physicians, contractors, students) by January 1, 2010.

If you have any accessibility concerns while in placement at Lakeridge Health, please speak with your preceptor.

# Student Support

# 1. Regional & Municipal Information

Regional Municipality of Durham www.region.durham.on.ca

www.tourismdurham.ca

Town of Ajax www.ajax.ca

Municipality of Clarington www.municipality.clarington.on.ca

City of Oshawa www.oshawa.ca City of Pickering www.pickering.ca

www.town.whitby.on.ca The Town of Whitby www.township.scugog.on.ca Township of Scugog

# 2. Transportation

Clarington Transit www.claringtontransit.com Oshawa Transit www.oshawatransit.com

www.town.whitby/on.ca/publicworks/transit Whitby-General Info.

Durham Region www.durhamregion.ca

www.gotransit.com/publicroot/default.htm **GO Transit** 

Greater Toronto Airport Authority www.gtaa.com 407 Express Toll Route www.407etr.com

#### 3. Accommodation

Durham College, a few blocks from Lakeridge Health Oshawa, offers rental apartments. Listings can be accessed at www.durhamc.on.ca/mycampus/centralscheduling or by calling (905) 721 3111 ext. 2285.

#### 4. Food

All Lakeridge Health sites have Retail Food Service Operations with varying hours of operation from site to site. Please check Retail Cafeterias for posted hours of operation at each site.

# 5. Library Services

The Health Sciences Library is available 24/7 in the LHEARN Centre at Lakeridge Health Oshawa. The library is staffed Monday to Friday (0800 – 1600) and after hours students can show their student photo ID to Security for entry. The library currently provides three individual study rooms, printer and photocopier. Other Lakeridge Health sites enjoy virtual access to library services and resources via email and phone requests as well as web access to books, journals, databases, point- ofcare tools such as LexiComp and eCPS (drug information) and UpToDate (topic reviews for over 10,000 medical conditions).

Contact the Coordinator of Library Services at ext. 33754 for more information. You can also access all library resources via The Wave.

# 6. Healthy Workplace Program

The Healthy Workplace Program strives to provide work-life balance and health information through onsite programming, workshops and survey distribution/analysis as we work towards becoming a healthier workplace community.

http://thewave.corp.lh.on.ca/programs/hr/healthy/

## 7. Practicum Opportunities

Students are encouraged to consider clinical, research, educational, administrative and practical activities during the course of their practicum. Check with your Preceptor regarding the possibility of pursuing some of these activities.

If you wish to learn more about a particular profession, you are welcome to "shadow" an identified staff or physician for a specified period of time. Check with your Preceptor or Academic Affairs for job shadowing opportunities.

#### 8. Practicum Evaluation

Please take a few minutes to complete the <u>Student Practicum Program Evaluation</u> <u>Form</u>. This anonymous survey helps us improve the Student Practicum Program.

#### 9. Annual Preceptor Award

An annual Preceptor Award, anonymously nominated by a student or team, is presented to an outstanding Preceptor during our "Celebration of Teaching and Learning" event in June. If you wish to nominate your preceptor, please complete the <u>Preceptor Award Nomination Form</u>.

#### 10. Human Resources Information Contact

Lakeridge Health actively recruit new graduates to join our healthcare team. Job opportunities, including summer jobs, are updated regularly on our website at www.lh.ca

#### **General Guidelines for Supervision of Students**

Active participation in the provision of healthcare is vitally important when it comes to preparing student healthcare workers to practice independently. Students need hands-on experience in a system of delegated and graded responsibility. This hands-on training helps students master the professional attitudes needed to provide the best care to patients and their families, colleagues and other members of the healthcare team. These are the elements of clinical and practical competence that can only be acquired in a real life setting where field education and service complement one another.

Student training must be undertaken with adequate supervision. The role of the Preceptor includes guidance, observation and assessment of the student's professional activities as required by a particular training program. The Colleges of the respective Regulated Health Professions emphasize certain aspects of supervision in the clinical/practical education system guided by their exemplary standards.

# **Statement of Principles Regarding Supervision of Students**

Supervision of students includes the guidance, observation, and assessment of the professional activities of the student by the preceptor with respect to the scope of practice of the discipline and the educational objectives defined and agreed upon between the educational institution, student, and preceptor.

## (i) The Degree of Supervision Required

The degree of supervision is determined by the preceptor, the student, and their obligations, as follows:

## The Preceptor

The preceptor is responsible for the ongoing evaluation of the student's competence and performance at regular intervals, in order to ensure feedback to the student as part of the educational process, and to substantiate the basis for delegating levels of responsibility. This assessment must include direct observation of the student's professional and communicative skills.

#### The Student

Students have a diverse background in experience, competence and performance. They are not practicing healthcare workers nor are they regulated health professionals. Rather, they are pursuing their individual objectives in a graded and integrated fashion towards independence, providing healthcare services under the appropriate supervision of their assigned preceptors in a particular training program.

The goal of any student practicum program is to bring students to the point where they can act independently in their area of demonstrated competence. This ability to function independently does not come suddenly at the end of the practicum but as a progressive and selective process throughout the course of their practicum. The degree of independence and the type of service provided independently correspond to the level of experience, training, and the progress of the student.

# Reciprocal and complementary obligations between the Preceptor and the Student:

The student and preceptor have reciprocal and complementary obligations. The responsibility of the preceptor is to supervise the student in independent practice and decision making only to the extent that it is justified, in the opinion of the preceptor, by the demonstrated competence and experience of the student.

The student has an obligation to report to the preceptor sufficient information on the assignments at hand and the student's experience and training so that a reasonable preceptor can make a proper decision about appropriate delegation of authority. The preceptor will not require independent exercise of judgement from the student which is beyond the student's capacity.

#### (ii) Exchange of Information

Adequate supervision is dependent upon an ongoing exchange of information. The student, by accepting responsibility for each element of service from the

preceptor, also inherently assumes the responsibility of keeping the preceptor informed of their assigned activities.

#### **Behavioral Expectations of Students and Trainees**

Students and Trainees will adhere to the standards of ethical behavior, as per standardized scope of practice of the applicable profession, or as outlined in the respective professional College of Regulated Health Professionals.

In addition, Students and Trainees who participate in research throughout their placement must act in compliance with all laws, policies, standards and guidelines governing human research, including but not limited to the Tri-Council Policy Statement, "Ethical Conduct for Research Involving Humans".

In general, their professional activities will be characterized by honesty, integrity, conscientiousness and reliability. Behavior inconsistent with being a healthcare professional is viewed as a demonstration of lack of suitability to be a practicing healthcare professional.

The minimum expectation is that students and trainees comply fully with the Code of Conduct and/or the Privileged Staff Code of Conduct.

Assessment of behavioral and ethical performance will be related to the following educational objectives:

#### **Post-Graduate Interns**

Post-Graduate Interns are graduates of an accredited school who are required to complete a post-graduate internship in order to be eligible for membership in their respective professional College. Since they are not currently enrolled in an educational institution, they are required to provide proof of independent liability insurance and accident insurance coverage prior to their practicum. The assignments as prescribed or elected shall be the responsibility of the student and Lakeridge Health. It is expected that the student will practice within the scope of practice as standardized by the applicable profession, or as outlined by the regulatory requirements of the respective professional College By-laws, Standards of Practice, Guidelines and Legislation governing their discipline. The student shall be under the supervision of a Lakeridge Health staff/physician, and final responsibility for assigned activities performed by the Post-Graduate Intern shall rest with such preceptor.

Services that may be permitted by Post-Graduate Interns are dependent on the intern's skill level, experience, and level of training. The preceptor must take this into consideration when determining the degree of supervision required for assigned activities. Within the principles of graded responsibilities, a Post-Graduate Intern may carry out assigned activities, either under direct or remote supervision, depending on the level of demonstrated competence.

# **University and College Students**

University Students are undergraduate, graduate, or postgraduate students enrolled in a Bachelor, Master, Doctoral, or certificate program of an accredited university and are engaged as a student, intern, resident or fellow in a required clinical or practical placement. College students are students enrolled in a diploma, post-diploma, or certificate program of colleges that are registered with the Ministry of Training, Colleges and Universities, or the Ministry of Health. The assignments to services as prescribed or elected shall be the responsibility of the university or college and Lakeridge Health. It is expected that the student will practice within the scope of practice as standardized by the applicable profession, or as outlined by the regulatory requirements of the respective professional College By-laws, Standards of Practice, Guidelines and Legislation governing their discipline. The student shall be under the supervision of a Lakeridge Health staff/physician, and final responsibility for assigned activities performed by University and College Students shall rest with such preceptor.

Services that may be permitted by University and College Students are dependent on the student's skill level, experience, and level of training. The preceptor must take this into consideration when determining the degree of supervision required for clinical activities. All documentation should be validated by the preceptor as per standardized practice of the applicable profession, or as per the regulatory requirements of the respective professional College legislation. Within the principles of graded responsibilities, a University or College Student may carry out clinical activities, either under direct or remote supervision, depending on the demonstrated level of competence.

#### **General Responsibilities for Practicum Students**

Assigned responsibilities will be given in accordance with the student's education, experience and clinical or practical background.

A comprehensive and detailed list of scope of services that may be performed by specific types and training levels of students are outlined by the educational institution, profession, and/or Lakeridge Health program. This list reflects the standardized scope of practice of the applicable profession or the regulatory requirements of the respective professional College Bylaws, Standards of Practice, Guidelines and Legislation governing their discipline, and should be clearly articulated to all members of the program and to the student.

At the preceptor's discretion, based on clinical and professional judgment, s/he may limit the student's scope of services as necessary.

## Public Health Ontario (PHO)

# <u>Infection Prevention and Control Core Competencies Online Learning Courses</u>

"Core Competencies are basic skills and knowledge all health care workers in Ontario need to understand about infection prevention and control, regardless of their role or position, education, experience or culture. The IPAC Core Competencies Online Learning Course is based on Provincial Infectious Diseases Advisory Committees (PIDAC) best practices".

#### Instructions:

First you will need to register. You will be able to start, stop and return to the course at your own pace.

Choose a course (there are 5 IPAC Core Competency Learning Courses and a 4 Moments in Hand Hygiene Learning Course)

#### **IPAC Core Competencies Learning Courses:**

Administrative Controls
Chain of Transmission and Risk Assessment
Control of the Environment
Health Care Provider Controls
Occupational Health & Safety

# Just Clean Your Hands Learning Course:

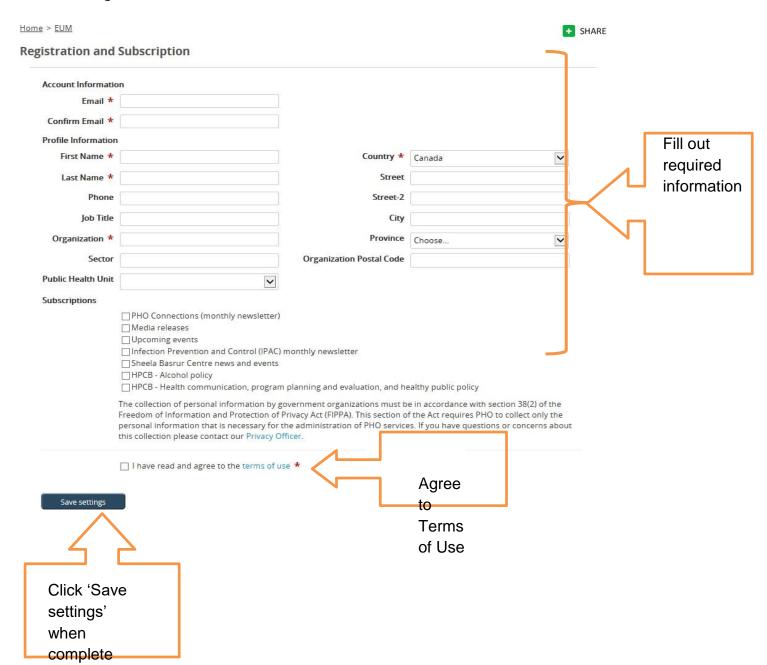
4 Moments in Hand Hygiene

Complete the course (there is a quiz at the end). The certificate will be available to print as proof of completion. At Lakeridge Health staff are required to complete the Core Competencies on a bi-annual basis and the hand hygiene module must be completed annually.

1. Navigate to the Public Health Ontario Website: <a href="http://www.publichealthontario.ca/EN/Pages/default.aspx">http://www.publichealthontario.ca/EN/Pages/default.aspx</a>



# 2. Register to create an account.



3. If you already have an account, login using the credentials you provided when you registered.



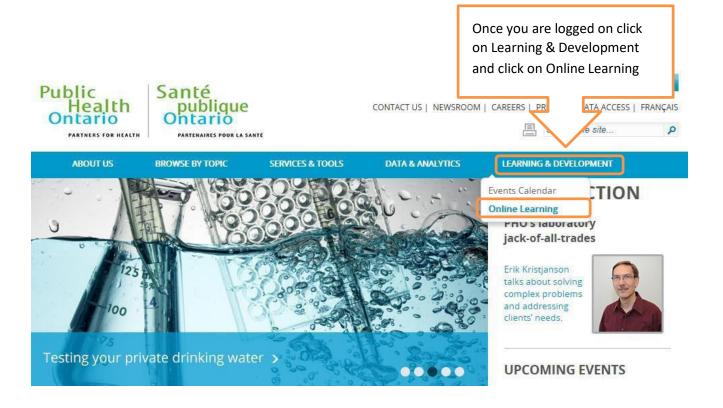
Log In		
User name:		
Password:		
Language:	English (en-US)	~
		Log In

#### Problem Logging in?

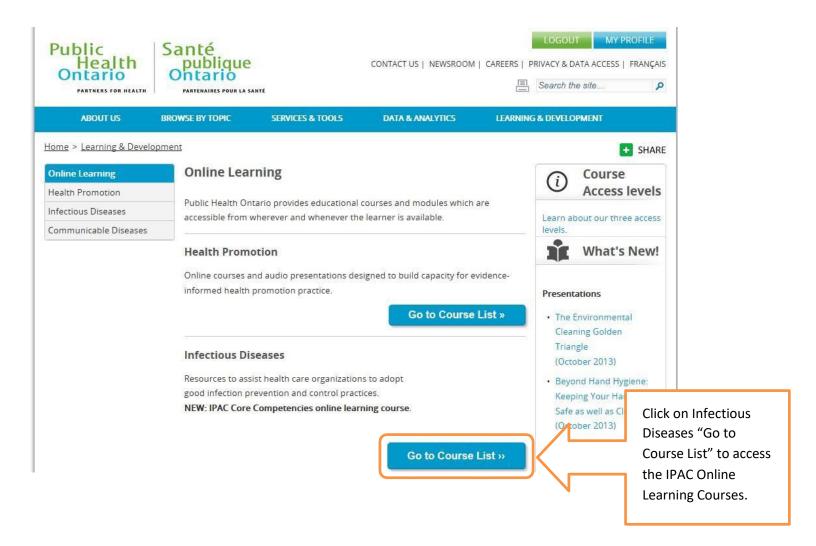
- Read our user registration & log-in FAQ to resolve your issue
- Don't have a Public Health Ontario account? Register.
- Forgot your password? Reset password.

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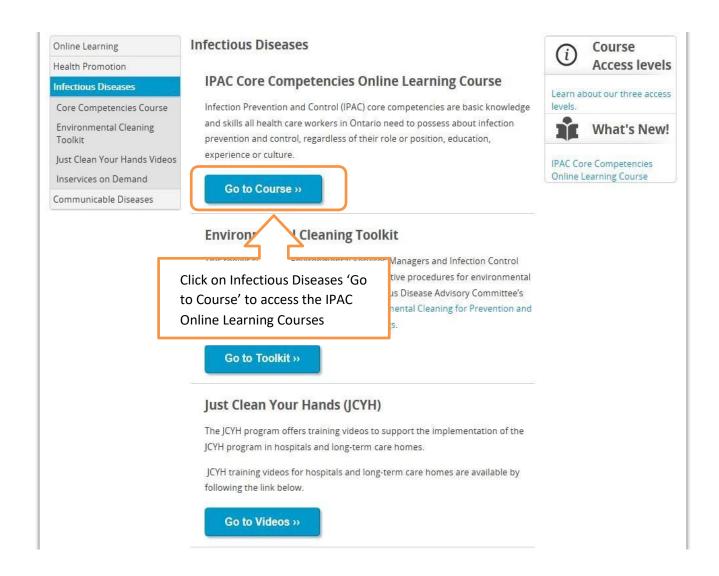
4. Navigate to Learning and Development & Online Learning



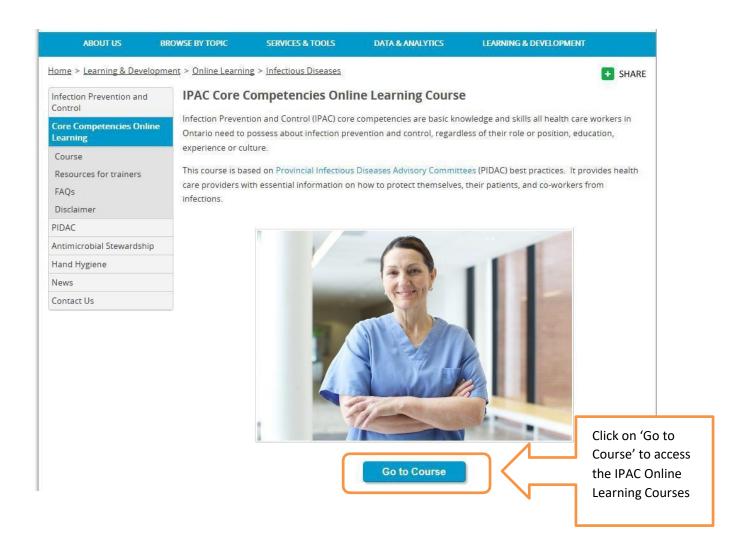
#### 5. Infectious Disease Course List.



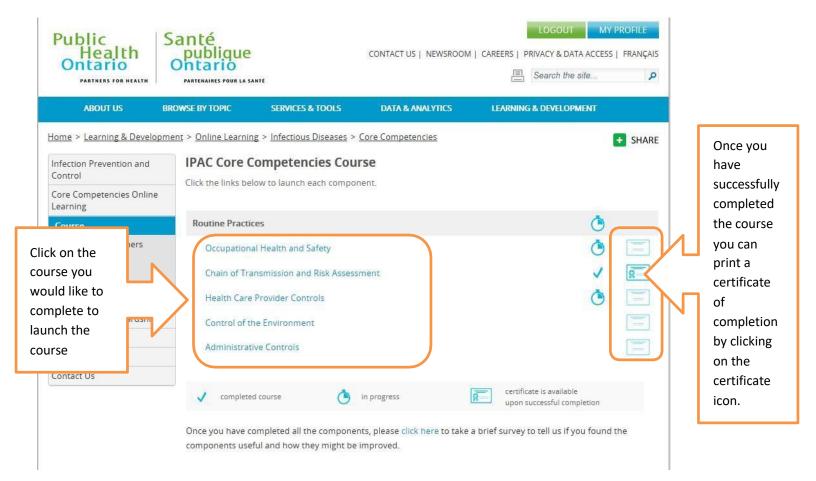
# 6. IPAC Core Competencies Online Learning Courses.



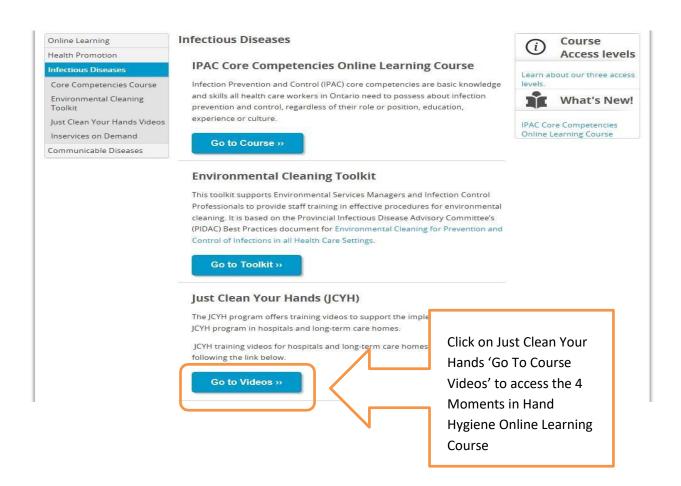
# 7. IPAC Core Competencies Online Learning Courses.



# 8. IPAC Core Competencies Online Learning Courses.



# 9. Hand Hygiene Online Learning Course.



# 10. Hand Hygiene Online Learning Course.

