

The Patient Portal

What is the Patient Portal?

The Patient Portal is a private and secure website that will let you:

- See a calendar of your appointments at the Cancer Centre.
- Do the Your Symptoms Matter questionnaire at home on your home computer or mobile device before an appointment with your doctor at the Cancer Centre. It cannot be done on an iPad at this time.
- See a calendar of patient education classes and workshops.
- Link to the Cancer Care pages on the Lakeridge Health website.

Where do you find the Patient Portal?

The link to the Patient Portal is: <u>https://yourportal.lakeridgehealth.on.ca.</u> This is the page you will see:

	R. S. McLaughlin Durham Regional Cancer Centre			
	Home	My Calendar	Your Symptoms Matter Questionnaire (ESAS)	
	Frequently Asked Questions	Feedback	Contact Us	

To see your calendar of your appointments at the Cancer Centre

You will click on the 'My Calendar' link at the top of the page and login using:

- ✓ Your Cancer Centre ID card number (the number on the back of your Cancer Centre ID card this includes any of the 0's).
- ✓ A password. Your password is your first and last initials plus 1234 (for example: if your name is John Smith, your password would be js1234).

PATIENT LOGIN				
Patient ID (Unique Number)				
Password				
Forgot Password Log In				

How to do the Your Symptoms Matter questionnaire

1. You will click on the 'Your Symptoms Matter' link at the top of the page on the Patient Portal and then login by entering your Ontario Health Card Number (or OHIP number).

<u>Or</u>

Check the box beside "I do not have an Ontario Health Card Number and enter your Cancer Centre ID card number.

2. Then click on the Continue button.

Cancer Care Ontario ISAAC Action Cancer Ontario ISAAC	
Quit Enter your Ontario Health Card Number below 2222222222	Français
Q W E R T Y U I O P	7 8 9
A S D F G H J K L Z X C V B N M	4 5 6 1 2 3
	0 Backspace

- 3. Next, you will see a Terms of Use page. Click on 'Ok'. You will only see this the first time you login.
- 4. Next, you will see the instructions on how to the Your Symptoms Matter questionnaire. Click on 'Continue'.

Cancer Care Ontario ISAAC (Interactive Symptom Assessment and Collection) Action Cancer Ontario ISAAC (Interactive Symptom Assessment and Collection)	Cancer Care Ontario ISAAC Action Cancer Ontario ISAAC		
Quit	Quit		
Terms of Use 1. You have been trained on the use of the ISAAC(Interactive Symptom Assessment and Collection) tool.	Instructions ISAAC (Interactive Symptom Assessment and Collection) is a tool for you to enter information on how you are feeling using the Edmonton Symptom Assessment System (ESAS).		
 ISAAC is made available to you by Cancer Care Ontario (CCO) on behalf of your cancer centre, community care access centre, hospital or other health care provider and that you will use ISAAC in accordance with your training. ISAAC is a symptom reporting tool and is not a substitute for emergency services, such as calling your visiting nurse or doctor 	The ESAS helps your healthcare providers understand what symptoms you are experiencing and the severity of these symptoms. Each symptom is rated on a scale from "0 to 10". A score of "0" means you do not have the symptom. A score of "10" means that your symptom is at its very worst. Please choose the number on the scale that describes how you feel. There are 9 different scales, one for each symptom.		
and you will not rely on ISAAC if you require immediate medical attention. 4. CCO owns all rights in and to ISAAC, except for the "Edmonton Symptom Assessment System" (ESAS), which is used with Capital Health's permission. 5. ISAAC will not always be error-free or available for your use at all times.	This form is meant to be completed by you, but if you need some help a family member/caregiver may help you. Remember, it is how you feel and not how others think you feel. Example: If you rate your pain as a "2," you select the number "2" on the screen.		
 CCO may change these terms of use, from time to time, and your continued use of ISAAC means you consent to such changes. ISAAC Terms of Use ver. 1.0 (Patient) 2014-08-13 	0 1 2 3 4 5 6 7 8 9 10 No Pain Workt Pain Pain		
Ок	Continue		

5. You will then see the Your Symptoms Matter questionnaire screens that ask you to rate your cancer related symptoms. If you need more information, ask a member of your health care team for the handout on "How to Complete the Your Symptoms Matter Questionnaire".

Last Revised: October 2016