


# WELCOME TO BOWMANVILLE!

## WHAT YOU NEED TO KNOW

 905-576-8711



### 1 TREATS & TREASURES

Drop in to view gift displays, grab a cup of coffee and other goodies!  
M-F: 6:30 am-6:30 pm, Sat/Sun: 9 am- 3 pm

### 2 PARKING



Use your name badge to park in the outside lot. For inquiries, call the parking office at ext. 33707.



### 3 FOOD COURT

Located in the Basement.  
M-F: 7 am-2 pm  
Closed: Sat, Sun and Stat Holidays

### 4 THE WAVE



Visit the WAVE to locate our policies & procedures, forms for travel reimbursement and more!

## PLACES TO EAT & GATHER

- Food Court
- Picnic Tables and Gazebo (outside main entrance)
- Soper Creek Trail (east of the Hospital)



## HUMAN RESOURCES

### AVAILABLE AT LHO

**HOURS:** Mon-Fri: 8am - 4 pm

**CONTACT:** 905-576-8711 ext. 34655  
askhr@lh.ca

## OCC HEALTH & SAFETY

**LOCATION:** LHO -G WING, B1 - F14

**HOURS:** Mon-Fri: 8:00AM - 4:00PM

**CONTACT:** 905-576-8711 ext. 33710  
OHnurses@lh.ca, or your Abilities Case Management Specialist for specific inquiries

## EMPLOYEE ASSISTANCE PROGRAM (EAP)

Guidance Resources is a free, confidential, voluntary counselling/referral service available 24/7/365, to employees & their family members (within your household).

Call: 1-855-824-9752  
www.guidanceresources.com using Web ID: EAP4LH

## ACCESSING YOUR EMAIL



**INTERNAL ACCESS:** Use the Outlook Web Application (OWA) on any LH desktop to access your email!

**EXTERNAL ACCESS:** Visit [www.lakeridgehealth.on.ca/en/aboutus/forstaff](http://www.lakeridgehealth.on.ca/en/aboutus/forstaff) and click on "Staff OWA (Outlook Web Application) Login"

## OUR VALUES:



Inclusion



Compassion



Innovation



Teamwork



Joy