

Financial Donations

All financial donation are welcome and will benefit Spiritual & Religious Care activities at our hospitals.

Please direct my donation to:

Bowmanville Oshawa

Port Perry Whitby

In Memory of (Optional)

Donation Amount: \$ _____
(Please make your cheque payable to:
Lakeridge Health Spiritual Care)

Name: _____

Address*: _____

City: _____

Postal Code: _____

Tel: _____

*A Tax receipt will be mailed to the address provided above for donations of \$20+

Please detach this portion and submit with your donation to:

**Spiritual & Religious Care
Administrative Office
Lakeridge Health
47 Liberty Street,
Bowmanville ON L1C 2N4**



Questions & Answers about Spiritual Care Services

I'm not religious, so why do I need Spiritual Care?

You don't need to be religious to benefit from a Spiritual Care provider. We can listen to your concerns and provide support.

I thought Spiritual Care was only for someone who is dying?

No, we provide service to anyone who is seeking personal growth or help coping with change, illness or loss. We're here to listen to your needs.

Is a Chaplain a member of the hospital's staff?

We have three staff chaplains at Lakeridge Health, but we also welcome and support religious and faith leaders from the community, as well as their volunteers into the hospital. These individuals are registered with us.

Is Spiritual Care offered to Lakeridge Health employees?

Yes. Spiritual Care services are available for patients, family members and our staff.

Spiritual & Religious Care

Our Spiritual Care team provides compassionate care to patients and family members, being attentive to their spiritual and emotional needs.

As members of the inter-professional health care team, we work closely with other caregivers to enhance patient care and quality of life. We help individuals to find meaning and a sense of hope in their experience.



Spiritual Care Activities and Contacts

Oshawa:

Interdenominational Worship services Sunday mornings at 11:00am, Location: Day Surgery waiting area on the 2nd floor lobby

Catholic Mass last Sunday of each month at 11:00 am, Location: Day Surgery waiting area on the 2nd floor lobby

Sacred Space (formerly Prayer Room) available for prayer and meditation 2nd floor A wing.

Bowmanville:

Hymn Sing every Wednesday morning at 11:00am, Location: 1st floor Sacred Space (Chapel)

Sacred Space (formerly Chapel) available for prayer and meditation 1st floor North wing

Rev. Margaret Johnston-Jones extension 1690

Whitby:

Hymn Sing every Thursday morning at 10:45am, Location: 4th floor lounge

Catholic Mass last Tuesday of each month at 2:30 Location: 4th floor lounge

Roles of Chaplains

- ◆ Our chaplains assess patients for spiritual and religious needs, strengths, resources, beliefs and coping strategies.
- ◆ We respond to crisis situations or make referrals to a patient's faith community in order to provide support, comfort, sacrament of the sick, and offer a spiritual presence.
- ◆ Work as members of the Health Care Team in supporting the patient to achieve the goals they set.
- ◆ Act as a guide for spiritually focused end of life counseling and care when patient/family is working through issues of death, dying and grief.
- ◆ Encourage and support religious representatives from the community who visit patients within the health care environment.

Recognizing that spiritual and emotional well-being have a positive impact upon physical and emotional healing, Lakeridge Health has made a continued commitment to provide for the spiritual and religious care needs of patients and their families, staff and volunteers.

Our Spiritual Care team values and acknowledges each person's cultural and religious heritage. We play a vital role in linking the patient, the hospital, and a faith community together.

We respond to all religious and spiritual care needs including:

- ◆ when patients seek sources of hope, meaning, comfort, strength;
- ◆ there are issues of forgiveness, unresolved conflicts, life review or to address issues of faith;
- ◆ struggles with anger, despair, hopelessness, or loneliness;
- ◆ dealing with fear and concerns about death and dying; or when experiencing a crisis situation.