

Stop the spread of germs

Clean your hands often with soap and water or use hand sanitizer.



Cough and sneeze into a tissue or your sleeve.



Avoid touching your face.



Keep common surfaces clean.



Stay home when you're sick.



Durham Health Connection Line
905-668-2020 or 1-800-841-2729
[durham.ca/novelcoronavirus](https://www.durham.ca/novelcoronavirus)