



# Help Stop The Spread Of COVID-19

## Masking

### DO

#### **Wear your mask.**

All team members, patients and visitors should wear a mask at all times. Cover your mouth and nose with your mask.



Masks can be removed when eating.

**Store your mask** safely when you are not wearing it.



**Discard mask in covered trash bin** when mask is soiled or at the end of its lifespan. Wash your hands after discarding mask.

### DON'T

**Wear mask on your chin or on top of your head.** If you need to remove your mask, do it and doff it correctly.



**Touch your mask.**

**Wear a ripped or torn mask.**



**Wear a loose mask.** You may need to adjust your mask after first putting it on.