

# Surgery at Lakeridge Health During COVID-19 Pandemic Frequently Asked Questions

#### How do I stay safe leading up to my surgery?

Before surgery you will be asked to self isolate at home for 14 days. Self isolation is a strategy used to reduce your risk of coming into contact with the COVID-19 virus.

- \* If you are in a room with other people, keep a distance of at least 2 metres from others and wear a mask that covers your nose and mouth.
- ◆ Hand-wash or use hand sanitizer before and after contact with any shared surface.
- \* Do not share any items such as food and drinks, eating utensils, bed linens, towels, washcloths toothbrushes or cigarettes.



## Failure to follow the suggested physical distancing and self isolation may result in your surgery being postponed

### If I have to go to work/appointment/unbreakable commitment within 14 days of surgery.

- \* Use virtual options to work from home and/or connect with friends and family.
- \* Maintain at least 2 metres from other people whenever possible.
- \* Wear a mask when leaving the house and while at work.
- + Avoid common areas at work.
- + Avoid common greeting such as handshakes and hugs.
- \* Use online shopping or have someone else do your shopping for you.



## If I am feeling unwell within 14 days before surgery or on the day of surgery what should I do?

Do not come to the hospital, stay home and notify your surgeon's office. COVID-19 signs/symptoms may include:

- \* Fever
- + New or worsening cough
- \* Shortness of breath
- + Sore throat
- + Changes to taste or smell
- + Chills
- + Headache

- + Pink Eye
- ◆ Runny nose/nasal congestion
- Gastrointestinal symptoms (abdominal pain, nausea, vomiting, diarrhea and/or decreased appetite)
- \* General feeling of being unwell
- + Fatigue, muscle aches/pains



## **COVID-19 Testing**

## Will I have a COVID-19 test prior to my surgery?

You are required to organize a COVID test 3 days prior to your surgery. For timely COVID test results, we ask you arrange to have your COVID test collected through one of our Lakeridge Health COVID Assessment Clinics.

When a request for a COVID-19 test is entered it takes approximately 24 hours to receive your appointment date and time via email. If your appointment time falls outside of the 3 days prior to surgery, there is an option to reschedule to meet the 3 day (72 hour) requirement.

The purpose of this test is to help the health care team plan for a safe surgery, and prevent negative outcomes to you during or after surgery.

\*A list of the Lakeridge Health COVID Assessment Clinic locations and hours are listed at the end of this document \*

If your surgery day is on	Monday	You need a COVID test done on the <b>Friday</b> before your surgery
	Tuesday	You need a COVID test done on the <b>Saturday</b> before your surgery.
	Wednesday	You need a COVID test done on the <b>Sunday</b> before your surgery.
	Thursday	You need a COVID test done on the <b>Monday</b> before your surgery.
	Friday	Your need a COVID test done on the <b>Tuesday</b> before your surgery.

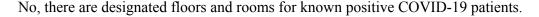


**January 19, 2021** 

## Lakeridge Health has been working to reduce the spread of the COVID-19 virus in many ways.

- \* All patient's will receive a time to arrive at the hospital from their surgeon's office. Do not arrive earlier than this time.
- \* Staff are located at each entrance asking a series of questions related to COVID-19 symptoms to all staff and patients entering the hospital.
- \* There is a **restricted/no visitor** policy in place. If you require assistance for exceptional circumstances including: mobility, cognitive, mental, visual and/or hearing impairment or language barrier let your surgeons office know.
- \* You will be asked to wear your mask while on hospital property. Mask's are provided to everyone entering the hospital.
- Hospital staff will also be wearing masks and eye wear to protect you and themselves from COVID-19 spread.
- + Hand sanitizer stations are located throughout the hospital, use these stations to practice frequent hand hygiene; as you move through the various locations within the hospital.
- \* Appointment times have been altered to maintain social distancing practices.

## Will I be placed in a room with COVID-19 positive patient?





#### How will my ride home know I am ready to be picked up?

A staff member will call your ride home and plan a pick up time and location. We ask your ride be readily available to pick you up. A Lakeridge staff member will escort you to meet your ride



#### Can I bring my own cell phone/tablet from home?

Absolutely! To stay connected with family/friends please bring your devices. (Lakeridge is not responsible for lost or stolen items).

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## Lakeridge Health COVID Assessment Clinic's in Durham Region

#### **Ajax Pickering Hospital**

580 Harwood Ave South
Sunday-Saturday (8:00am-6pm)
\*test's available for patient's >15 years old\*

## Clarington COVID Assessment Center Garnett B. Rickard Recreation Complex

2440 Durham Regional Hwy 2 Monday, Wednesday, Friday (8:00am-5:00pm) Tuesday & Thursday (11:00am-8:00pm) Saturday & Sunday (10:00am-4:00pm)

#### **Downtown Oshawa COVID Assessment Center**

1 Mary Street (parking garage) Monday - Friday (9:00am-8:00pm) Saturday & Sunday (9:00am-2:00pm)

#### **North Durham COVID-19 Assessment Center**

Prince Albert Hall 19 Jeffery Street Monday (8:00am-8:00pm) Tuesday- Thursday (12:00pm-8:00pm) Friday- Sunday (12:00pm-4:00pm)

# Whitby COVID Assessment Center \*patient's under 2 years old tested here\* Haydenshore Pavillion

589 Water Street Monday- Sunday (9:00am-5:00pm)

#### **Pickering COVID Assessment Center**

1101 Kingston Rd, Unit 140 Monday (12:00pm-8:00pm) Tuesday-Friday (10:00am-6:00pm) Saturday & Sunday (9:00am-3:00pm)

#### **Manilla COVID Assessment Center**

16990 Simcoe Street Friday's ONLY

#### **Sunderland COVID Assessment Center**

120 River Street Mondays ONLY

#### **Beaverton COVID Assessment Center**

360 Bay Street Wednesday's ONLY



You can also scan this QR code (to the left) to complete the Lakeridge Health COVID-19 testing online registration form. Once the form is completed you will be contacted by the COVID-19 Assessment Clinic by phone or email with an appointment date and time for your COVID-19 test. Please ensure you are checking your email frequently for COVID-19 testing appointment.

### No walk- in appointments will be accepted.

All patient's must arrange an appointment through the Lakeridge Health Website <u>www.lakeridgehealth.on.ca</u>. If you require assistance filling out the online form contact your family doctor or the Durham Region Health Department at 1-800-841-2729.

If you have any further questions regarding COVID-19 specifically please see Durham Region Public Health Department's website at <a href="https://www.durham.ca">www.durham.ca</a>. For questions specific to your surgery please contact your surgeon's office directly.