

# ALS

## Advanced Life Support Patient Care Standards

November 2011

Version 3.0

Emergency Health Services Branch  
Ministry of Health and Long-Term Care

To all users of this publication:

The information contained herein has been carefully compiled and is believed to be accurate at date of publication. Freedom from error, however, cannot be guaranteed.

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## **ADVANCED LIFE SUPPORT PATIENT CARE STANDARDS**

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The development of this edition of the Advanced Life Support Patient Care Standards is the result of a collaborative effort of a number of stakeholders including:

Association of Municipal Emergency Medical Services of Ontario (AMEMSO)

Ontario Base Hospital Group (OBGH)

Ministry of Health and Long Term Care – Emergency Health Services Branch (MOHLTC EHSB)

EHSB Provincial Medical Advisory Committee (MAC)

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## LEVELS OF PARAMEDICS

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In Ontario, there are three occupational levels of paramedics: Primary Care Paramedic (PCP), Advanced Care Paramedic (ACP), and Critical Care Paramedic (CCP). A level of paramedic is specified in Ontario Regulation 257/00 made under the *Ambulance Act*, RSO 1990, c A-19. Schedules 1, 2 and 3 to this regulation specify the mandatory controlled acts for each level of paramedic.

A paramedic may be authorized by a medical director of a Regional Base Hospital (RBH) to perform controlled acts from the Schedule immediately above their prime occupational level. In this circumstance, the paramedic will perform the skill to the specific standard set for the skill. This general concept also applies to the performance of all advanced medical procedures that are not listed as controlled acts in Schedules 1, 2 and 3, but which are also specified in these standards.

## PURPOSE OF STANDARDS

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The purpose of the Advanced Life Support Patient Care Standards (ALS PCS) is to guide the specifics of patient care that are to be undertaken consistent with the scope of practice of the three occupational levels of paramedics.

The ALS PCS:

- Reflects current practices for paramedics in Ontario and provides benchmarks for paramedic performance.
- Communicates the standards of practice and care by paramedics in Ontario to paramedics, patients, other disciplines and the public in general.
- Delineates paramedic professional responsibilities and accountabilities.
- Provides a basis for evaluation of patient care practice by Ontario's paramedics.
- Recognizes that the scope of practice for each occupational level of paramedic may have incremental add-ons, with appropriate rationale and accountability.

## Summary

ALS PCS for the three occupational levels of paramedics in Ontario establish the practice and patient care parameters needed to provide high quality patient care in the varied settings throughout the province. The standards are designed to be dynamic, in order to allow for changes based upon new medical evidence and/or standards of medical practice.

## **FORMAT OF THE ADVANCED LIFE SUPPORT PATIENT CARE STANDARDS**

This document is comprised of an Introduction section and six (6) appendices: Appendix 1 – PCP Medical Directives; Appendix 2 – ACP Medical Directives; Appendix 3 – PCP Auxiliary Medical Directives; Appendix 4 – ACP Auxiliary Medical Directives; Appendix 5 – Chemical Exposure Medical Directives; and Appendix 6 – Maintenance of Certification Policy. Critical Care Paramedics and Advanced/Primary Care Flight Paramedics will perform controlled acts in accordance with the base hospital medical directives issued by the Ornge Base Hospital Physician.

## **USE OF THE MEDICAL DIRECTIVES BY PARAMEDICS**

These medical directives apply to paramedics who provide patient care under the license and/or authority of the RBH Medical Director. Delegation of controlled acts or medical directives in the ALS PCS to paramedics falls under the exclusive oversight of the MOHLTC's RBH Programs.

The medical directives are designed to guide a paramedic in the provision of timely and appropriate care to ill and injured patients in the prehospital setting, in accordance with the paramedics' training and authorized skill set. While great care has been taken in developing these medical directives, they cannot account for every clinical situation. Thus, they are not a substitute for sound clinical judgment.

## **REGIONAL BASE HOSPITAL COMPLIANCE WITH CPSO POLICY**

As licensed physicians in the Province of Ontario, the RBH Medical Directors must comply with the policies of the College of Physicians and Surgeons of Ontario (CPSO). CPSO policy #4-03, as may be amended from time to time, provides direction to Ontario physicians on the delegation of controlled acts, regardless of practice setting or type. RBHs will also follow a parallel process for delegation of other advanced medical procedures included in these Standards.

## **GENERAL STRUCTURE OF A MEDICAL DIRECTIVE**

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All medical directives follow the same format and are comprised of the following sections:

<b>Indication:</b>	The general medical complaint or problem to which the medical directive applies.
<b>Conditions:</b>	Clinical parameters that must be present for a procedure to be performed or for a drug to be administered.
<b>Contraindications:</b>	Clinical parameters that if present, preclude the performance of a procedure or the administration of a drug.
<b>Treatment:</b>	Description of the type of procedure to be performed or the dosing of a drug.
<b>Clinical Considerations:</b>	Key clinical points that provide general guidance to the proper performance of a procedure or the administration of a drug.

All of these sections must be taken into account before and during the implementation of a medical directive.

## **ALS PATIENT CARE STANDARDS PARAMEDIC SKILL SET**

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The mandatory skill set for each level of paramedic is derived from the controlled acts outlined in Schedules 1, 2, and 3 (as referenced above) and is implemented through the PCP and ACP Medical Directives. A paramedic must meet all applicable requirements set out in Regulation 257/00 to receive delegation from a RBH medical director.

Additional (“Auxiliary”) skills may be delegated through use of the Auxiliary Medical Directives. Delegation of Auxiliary Medical Directives by a RBH medical director to paramedics is optional and may be introduced after consultation and mutual agreement between the RBH and the certified ambulance service operator that employs the paramedic. Some PCP and ACP Medical Directives contain the phrase, “(if available)”. This phrase qualifies the skill or procedure as optional (i.e. auxiliary) even if included in PCP or ACP Medical Directives.

## **CONSENT TO TREATMENT & CAPACITY ASSESSMENT**

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Except in emergency circumstances described below, paramedics must obtain the patient's consent prior to initiating treatment. Consent may be informed or implied. Informed consent may be either verbal or written. Implied consent may be assumed where a person provides a physical indication that they consent to the treatment. For example, a patient who cannot speak but extends his hand to a paramedic after the paramedic indicates she is going to perform a simple procedure, such as a blood glucose determination may be giving implied consent to the procedure.

The elements required for consent to treatment are:

- consent must be given by a person who is capable of giving consent with respect to treatment,
- consent must relate to the treatment,
- consent must be informed,
- consent must be given voluntarily, and
- consent must not be obtained through misrepresentation or fraud.

Consent to treatment is informed if, before it is given to the person, he or she has:

- received the following information that a reasonable person in the same circumstances would require in order to make a decision about the treatment:
  - the nature of the treatment,
  - the expected benefits of the treatment,
  - the material risks of the treatment,
  - the material side effects of the treatment,
  - alternative courses of action,
  - the likely consequences of not having the treatment; and
- received responses to his or her requests for additional information about those matters.

The paramedic who proposes a treatment to a person shall ensure that consent is obtained. Valid consent requires that a person has the capacity to provide consent. A person is presumed to have the capacity to provide consent with respect to treatment and a paramedic may rely on that presumption. However, a capacity assessment may be required if it is not reasonable in the circumstances to presume the person is capable of consenting to the treatment.



A patient is capable with respect to treatment if the patient is:

- Able to **understand** the information that is relevant to making a decision about the treatment or alternatives being proposed; **and**
- Able to **appreciate** the reasonably foreseeable consequences of a decision or lack of decision with respect to treatment.

If a paramedic is aware or is made aware that the person has a prior capable wish with respect to treatment, they must respect that wish (for example, if the person does not wish to be resuscitated).

If a person is incapable with respect to a treatment, consent may be given or refused on his or her behalf by a person who is authorized to do so under section 20 of the *Health Care Consent Act, 1996*.

In some instances, a person may present in an emergency situation where the person for whom the treatment is proposed is apparently experiencing severe suffering or is at risk, if the treatment is not administered promptly, of sustaining serious bodily harm.

A paramedic may administer treatment to a person without consent in an emergency situation, if there is no other authorized person available to give or refuse consent and, in the opinion of the paramedic:

- the person is not capable of giving a consent or refusal to treatment; and
- the delay required to obtain a consent or refusal on the person's behalf will prolong the suffering that the person is apparently experiencing or will put the person at risk of sustaining serious bodily harm.

## **REFUSAL OF TREATMENT**

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If a patient refuses treatment, either in whole or in part, a paramedic must comply with the applicable directions contained in the Basic Life Support (BLS) Patient Care Standards, Section 1, Part I, Patient Refusal of Treatment and/or Transport.

## **COMPREHENSIVE CARE**

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While initiating and continuing treatment prescribed by these medical directives, a paramedic must ensure that the patient simultaneously receives care in accordance with the BLS Patient Care Standards.

It is acknowledged that there may be circumstances and situations where complying with Advanced Life Support Patient Care Standards is not clinically justified, possible, or prudent (e.g. multiple crews on scene, trapped patient, extenuating circumstances, competing patient care priorities). When treatment deviates from the standards, a paramedic must document the care provided, including reasoning for deviating from the Standards.

## **INTRAVENOUS (“IV”) ACCESS AND THERAPY BY PRIMARY CARE PARAMEDICS**

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Two levels of certification of PCPs for IV cannulation and therapy are possible.

“PCP Assist IV” authorizes a PCP to cannulate a peripheral IV at the request and under the direct supervision of an ACP. The patient must require a peripheral IV in accordance with the indications listed in the Intravenous Access and Fluid Therapy Medical Directive - Auxiliary. The ACP will perform all IV therapy in accordance with the Intravenous Access and Fluid Administration Protocol once intravenous access is obtained. PCPs certified in PCP Assist IV are not authorized to administer IV therapy.

“PCP Autonomous IV” authorizes a PCP to independently cannulate an IV according to the Intravenous Access and Fluid Therapy Medical Directive – Auxiliary. PCPs certified in PCP Autonomous IV are authorized to administer IV therapy according to applicable medical directives.

Certification at each level shall meet the requirements established by the provincial Medical Advisory Committee.

## **HOME MEDICAL TECHNOLOGY AND NOVEL MEDICATIONS**

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As community care advances, new home medical technologies and novel medications are being introduced for home use by highly trained patients and caregivers. They are generally used by patients with complex medical histories who may require emergent interventions which are not described in, or aligned with, the BLS or ALS Patient Care Standards.

A “home medical technology” is an external or internal mechanical device prescribed by a member of a regulated health profession for the purpose of treating a medical condition.

A “novel medication” is a self/caregiver-administered medication prescribed by a member of a regulated health profession that is required to treat patients with generally rare and unusually complex chronic medical conditions which are often end stage. The medication may be self/caregiver-administered by any route into any part of the body.

These can be encountered unexpectedly by paramedics without any prior knowledge that these technologies or medications are being used in the community. Paramedics may not be familiar with the use of these technologies or medications, even though they may be required to provide care.

In some cases, when Base Hospital Medical Directors are alerted to these unique devices, medications or care requirements, a unique local medical directive may be issued to guide specific care for these patients. Such directives should be followed until further consideration by the Medical Advisory Committee.

A paramedic may assume patients or caregivers have knowledge about the technology or medication if they confirm that they were trained in its use and/or administration. A paramedic should advise the patient or caregiver to follow any specific steps or provide any advice about restarting/stopping the device or novel medication. A paramedic may only assist a patient within the authorized paramedic skill set.

When care requirements are uncertain, but the patient is stable, transport the patient. If the patient is unstable, consider patching to the Base Hospital Physician. Alternatively, consider contacting the responsible member of a regulated health profession.

A paramedic may follow written advice provided by their Base Hospital Medical Directors even if this advice is outside the conditions and contraindications of the BLS and ALS patient care standards.

## **PATCHING**

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A paramedic should patch to the Base Hospital:

- When a medical directive contains a mandatory provincial patch point;  
**OR**
- When a RBH introduces a mandatory BH patch point;  
**OR**
- For situations that fall outside of these medical directives where the paramedic believes the patient may benefit from online medical direction that falls within the prescribed paramedic scope of practice;  
**OR**
- When there is uncertainty about the appropriateness of a medical directive, either in whole or in part.

In cases where a treatment option requires the prior authorization by the BHP (i.e. mandatory provincial patch point or mandatory BH patch point) AND the BHP cannot be reached despite reasonable attempts by the paramedic to establish contact, a paramedic may initiate the required treatment without the requisite online authorization if the patient is in severe distress and, in the paramedic's opinion, the medical directive would otherwise apply. Clinical judgment must be applied and an acceptable standard of care must be met. This may be based on peer and expert review. In such cases, a paramedic should continue attempts to contact the BHP after the treatment has been initiated. All patch failures must be reported in a timely manner in accordance with local policy and procedures. Paramedics should document the attempts to patch to the BH on the Ambulance Call Report (ACR).

If a BHP directs a paramedic to perform an assessment or intervention that exceeds the paramedic's scope of practice, the paramedic must advise the BHP of such and notify the physician that he or she cannot comply with the direction as it exceeds his or her scope of practice. In such cases, a paramedic should ask the BHP to provide alternative direction.

## **INCIDENT REPORTING**

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Paramedics shall adhere to their ambulance service policies and the Ontario Ambulance Documentation Standards (incorporated by reference in Regulation 257/00) for incident reporting. Paramedics shall also adhere to additional RBH policies regarding reporting of clinical care incidents to the RBH.

## **CONTROLLED SUBSTANCES**

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Where applicable, paramedics and ambulance service operators shall comply with the Canada *Controlled Drug and Substances Act*, SC 1996, c 19 and its Regulations, in accordance with the ambulance operator and RBH policy. This shall include that controlled substances (opiates and benzodiazepines) are stored in different carrying cases than other medications.

## **RESPONSIBILITY FOR CARE**

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While on scene, the highest level paramedic shall assess the patient and make a decision on the level of care required, and on the level of paramedic required for the care of the patient. The highest level paramedic is the ultimate patient care authority on the scene. If there is any disagreement between paramedics, the Base Hospital physician may be contacted. It is expected that when an intervention has been performed, the paramedic most appropriate for that intervention will remain responsible for the patient.

In all patient care, the highest level of paramedic is responsible for the care of the patient, including decisions on the level of care required during transport. A paramedic may choose to assign aspects of care and procedures to an alternate level paramedic, as long as the care and procedures are within that paramedic's scope of practice. Paramedics must alert the highest level paramedic of any change of patient status.

When transferring care from one level of paramedic to another, paramedics shall provide:

- current CTAS level;
- a history of the patient's current problem(s) and relevant past medical history;
- pertinent physical findings;
- a summary of management at scene/enroute;
- the patient's response to treatment, including most recent vital signs;
- the reason for transfer in cases of inter-facility transfers.

The transfer of responsibility of patient care is a critical juncture along the clinical care continuum. When transferring patient care to another health care provider (e.g. nurse, physician, etc.), a paramedic must comply with the BLS Patient Care Standards regarding such transfers.

## **RESEARCH**

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Clinical research is fundamental to the practice of medicine and the development of safer, more effective treatment options for patients. At times, research protocols require temporary changes to patient care standards. In recognition of the importance of prehospital clinical research, RBH Medical Directors may delegate changes in patient care standards to paramedics if the research-related treatment is endorsed by MAC–OBHG and the certified ambulance operator that employs the paramedics, approved by MOHLTC, and is supported by an appropriate research ethics review board. Changes to patient care standards will be introduced as an auxiliary medical directive. Upon completion of a prehospital clinical trial, research-related treatment must be halted and care as prescribed by BLS and ALS Patient Care Standards must resume.

## **CONVENTIONS**

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“Conventions” refers to a consistent application of terms throughout the medical directives based on definitions below.

The word ‘consider’ is used repeatedly throughout the medical directives. Where this word appears, it indicates that a paramedic should initiate the treatment unless there is strong clinical rationale to withhold it. A paramedic must document his or her justification for withholding treatment on the ACR.

## **DRUG DOSES AND ADMINISTRATION**

Drug doses may be either in per kilogram or fixed doses, depending on common clinical practice. The number of recommended drug doses may be administered regardless of any previous self-administration by a patient. When more than one route of drug administration is listed, the order of preference for route of administration is from left to right. Clinical circumstances for each case should determine the final route chosen.

Pediatric drug doses can vary slightly according to the source of expert opinion. The pediatric drug doses in the ALS PCS are the preferred doses. However, drug doses as determined by an up-to-date version of a widely accepted pediatric emergency tape (e.g. Broselow Tape) are an acceptable alternative. Use of a pediatric emergency tape shall be documented on the ACR when it is used to determine a pediatric drug dose.

## AGE AND VITAL SIGNS

The general age cut off between adults and pediatrics is 18 years. There is a wide range of “normal” for vital signs in adults and especially pediatrics. As much as possible, ages for pediatrics and cut off points for vital signs have been kept consistent throughout the medical directives. However, clinical research and expert opinion have resulted in a number of exceptions which in each case has been deliberately chosen and is clearly noted in each medical directive. There is a deliberate gap in the definition of normotension and hypotension in adults.

### ADULTS

**Normotension** - SBP  $\geq$ 100mmHg;

**Hypotension** - SBP <90 mmHg

**Heart rate:** Heart rate is always in beats per minute according to a cardiac monitor when it is applied. In situations where a cardiac monitor is not indicated then the heart rate is equal to the pulse rate.

**Bradycardia** - <50 BPM;

**Tachycardia** -  $\geq$ 100 BPM

**Tachypnea** - RR  $\geq$ 28 breath/min

### PEDIATRICS

Age	Respiratory Rate	Heart Rate
0-3 months	30-60	90-180
3-6 months	30-60	80-160
6-12 months	25-45	80-140
1-3 yr	20-30	75-130
6 yr	16-24	70-110
10 yr	14-20	60-90

**Systolic Blood Pressure (for children 1-10 yrs) = 70 + (2 x age in years)**

**Weight (kg) = (age x 2) + 10**

### HYPOGLYCEMIA:

Age  $\geq$ 2 years: glucometry <4.0 mmol/L

Age <2 years: glucometry <3.0 mmol/L

**LOA (Level of Awareness):**

The word 'altered' refers to a GCS that is less than normal for the patient.

The word 'unaltered' refers to a GCS that is normal for the patient. This may be a GCS <15.



## LIST OF ABBREVIATIONS

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The following abbreviations, in alphabetical order, appear in the ALS Patient Care Standards:

### **A**

ACP	Advanced Care Paramedic
ALS	Advanced Life Support
ALS PCS	Advanced Life Support Patient Care Standards
ASA	acetylsalicylic acid
AV	atrioventricular

### **B**

BH	base hospital
BHP	Base Hospital Physician
BLS	Basic Life Support
BP	blood pressure
BPM	beats per minute
BVM	bag-valve-mask

### **C**

CCP	Critical Care Paramedic
COPD	chronic obstructive pulmonary disease
cm	centimeter
CPAP	continuous positive airway pressure
CPR	Cardiopulmonary Resuscitation
CPSO	College of Physicians and Surgeons of Ontario
CTAS	Canadian Triage and Acuity Scale
CVA	cerebral vascular accident
CVAD	central venous access device

### **D**

DKA	diabetic ketoacidosis
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### **E**

ECD	electronic control device
ECG	electrocardiogram
EDD	esophageal detection device
ETCO <sub>2</sub>	end tidal carbon dioxide
ETT	endotracheal tube

### **F**

FiO <sub>2</sub>	fraction of inspired oxygen
FRI	febrile respiratory infection

**G**

g gram  
GCS Glasgow Coma Scale

**H**

H<sub>2</sub>O water  
HR heart rate  
Hx history

**I**

IM intramuscular  
IN intranasal  
IO intraosseous  
IV intravenous

**K**

kg kilogram

**L**

LOA level of awareness  
LOC level of consciousness/loss of consciousness

**M**

MAC Medical Advisory Committee  
mcg microgram  
MDI metered dose inhaler  
mg milligram  
min minute  
ml/kg milliliter per kilogram  
mmHg millimeters of mercury  
MOHLTC Ministry of Health and Long-Term Care

**N**

N/A not applicable  
NaCl sodium chloride  
nare nostril  
NEB nebulized  
NPA nasopharyngeal airway  
NSAID non-steroidal anti-inflammatory drug

**O**

OBHG            Ontario Base Hospital Group  
 OPA             oropharyngeal airway

**P**

PCP             Primary Care Paramedic  
 PO              by mouth/oral  
 PRN             as needed

**Q**

q                every

**R**

RBH             Regional Base Hospital  
 ROSC          return of spontaneous circulation  
 RR              respiratory rate

**S**

SC              subcutaneous  
 SL              sublingual  
 SBP             systolic blood pressure  
 SpO<sub>2</sub>          saturation of peripheral oxygen  
 STEMI         ST-segment elevation myocardial infarction

**T**

TBI             traumatic brain injury  
 TCA             tricyclic antidepressant  
 TCP             transcutaneous pacing

**U**

URTI            upper respiratory tract infection

**V**

VSA             vital signs absent

**W**

WNL            within normal limits

## **REFERENCE AND EDUCATIONAL NOTES**

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The RBHs have created a companion document of reference and educational notes intended to assist paramedics in implementing these medical directives. This will facilitate regular updating of these notes without having to issue frequent changes to the standards. It is expected that paramedics have mastered the relevant information as part of initial training and certification and have maintained their knowledge through continuing education and self-study. The reference and educational notes do not define a standard of care; however, they should be considered useful in ensuring that an appropriate standard of care is met.

# **Advanced Life Support Patient Care Standards**

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# **Appendix 1**

## **Primary Care Paramedic Core Medical Directives**

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## MEDICAL CARDIAC ARREST MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized*

### INDICATIONS

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Non-traumatic cardiac arrest

### CONDITIONS

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#### CPR

AGE: N/A  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Performed for 2  
minute intervals

#### AED Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Shock indicated

#### Manual Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: VF or pulseless VT

#### Epinephrine

AGE: N/A  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Anaphylaxis  
suspected as  
causative event

#### Medical TOR

AGE:  $\geq 18$  years  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Arrest not witnessed by EMS, AND No  
ROSC AND No shocks delivered

## CONTRAINDICATIONS

### CPR

Obviously dead as per BLS standards  
Meet conditions of DNR standard

### AED Defibrillation

Non-shockable rhythm

### Manual Defibrillation

Rhythms other than VF or pulseless VT

### Epinephrine

Allergy or sensitivity to epinephrine

### Medical TOR

Arrest thought to be of non-cardiac origin

## TREATMENT

Consider **CPR**

Consider **AED defibrillation**: (with pediatric attenuator if available)

	Age ≥30 days to <8 years		Age ≥8 years
	<i>With Ped attenuator</i>	<i>Without Ped attenuator</i>	
	<i>Dose</i>	1 shock	1 shock
<i>Max. single dose</i>	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
<i>Dosing interval</i>	N/A	N/A	N/A
<i>Max. # of doses</i>	4	4	4

Consider **Manual defibrillation**: (if certified and authorized)

	Age ≥30 days to <8 years	Age ≥8 years
<i>Dose</i>	1 shock	1 shock
<i>First dose</i>	2 J/kg	As per BH / manufacturer
<i>Subsequent and max. dose(s)</i>	4 J/kg	As per BH / manufacturer
<i>Dosing interval</i>	2 min	2 min
<i>Max. # of doses</i>	4	4

Consider **epinephrine** (only if anaphylaxis suspected as causative event):

	Weight N/A
	Route IM
	Concentration 1:1,000
<i>Dose</i>	0.01 mg/kg*
<i>Max. single dose</i>	0.5 mg
<i>Dosing interval</i>	N/A
<i>Max. # of doses</i>	1

\* The epinephrine dose may be rounded to the nearest 0.05 mg.

**MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization, following the 3<sup>rd</sup> analysis, to consider Medical Termination of Resuscitation (TOR) (if applicable). If the BH patch fails, or the medical TOR does not apply, transport to the closest appropriate receiving hospital following ROSC or the 4<sup>th</sup> analysis.

## **CLINICAL CONSIDERATIONS**

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In unusual circumstances (e.g.: pediatric patients or toxicological overdoses), consider initiating transportation following the first rhythm analysis that does not result in a defibrillation being delivered.

A Paramedic may choose to move the patient to the ambulance prior to initiating the TOR if family is not coping well or the arrest occurred in a public place.

Follow the Deceased Patient Standard once TOR has been implemented.

## TRAUMA CARDIAC ARREST MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized*

### INDICATIONS

---

Cardiac arrest secondary to severe blunt or penetrating trauma

### CONDITIONS

---

#### CPR

AGE: N/A  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: N/A

#### AED Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Shock indicated

#### Manual Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: VF or pulseless VT

#### Trauma TOR

AGE:  $\geq 16$  years  
LOA: Altered  
HR: 0  
RR: 0  
SBP: N/A  
Other: No palpable pulses  
No defibrillation delivered and monitored HR = 0 (asystole) **OR** monitored HR >0 **AND** the closest ER  $\geq 30$  min transport time away.

## CONTRAINDICATIONS

### CPR

Obviously dead as per BLS standards  
Meet conditions of DNR standard

### AED Defibrillation

Non-shockable rhythm

### Manual Defibrillation

Rhythms other than VF or pulseless VT

### Trauma TOR

Age <16 years  
Shock delivered  
Monitored HR >0 and closest ER <30 min away

## TREATMENT

Consider **CPR**

Consider **AED defibrillation:**

	Age ≥30 days to <8 years		Age ≥8 years
	<i>With Ped attenuator</i>	<i>Without Ped attenuator</i>	
<i>Dose</i>	1 shock	1 shock	1 shock
<i>Max. single dose</i>	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
<i>Dosing interval</i>	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1

Consider **Manual defibrillation**: (if certified and authorized)

	Age ≥30 days to <8 years	Age ≥8 years
<i>Dose</i>	1 shock	1 shock
<i>Initial dose</i>	2 J/kg	As per BH / manufacturer
<i>Dosing interval</i>	N/A	N/A
<i>Max. # of doses</i>	1	1

**MANDATORY PROVINCIAL PATCH POINT:**

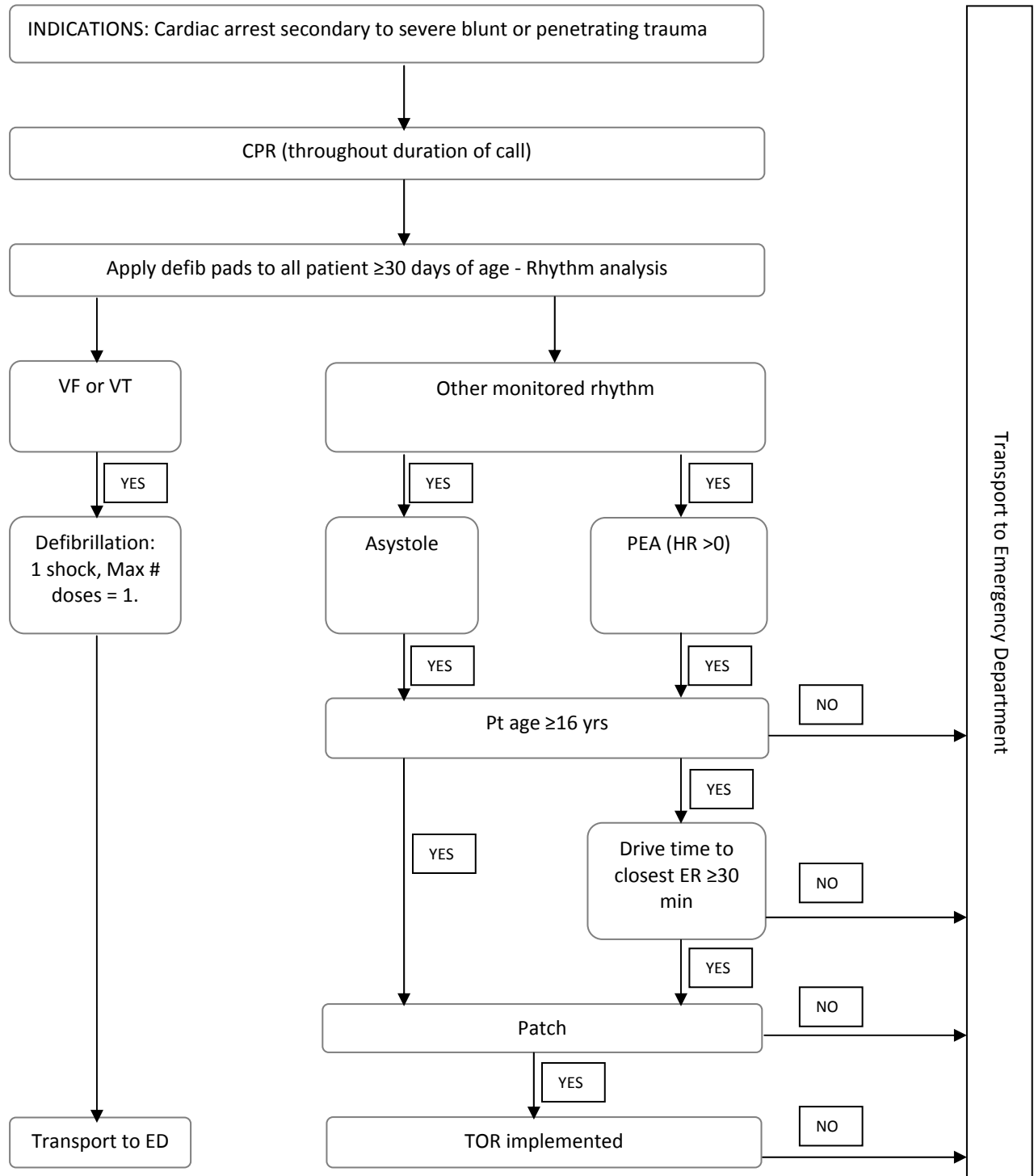
Patch to BHP for authorization to apply the *Trauma (TOR) Termination of Resuscitation*, if applicable. If the BH patch fails, or the trauma TOR does not apply, transport to the closest appropriate receiving hospital following the first analysis/shock.

**CLINICAL CONSIDERATIONS**

If no obvious external signs of significant blunt trauma, consider medical cardiac arrest and treat according to the appropriate medical cardiac arrest directive.



**TREATMENT – ALGORITHM FOR TRAUMA ARREST**



## HYPOTHERMIA CARDIAC ARREST MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Cardiac arrest secondary to severe hypothermia

### CONDITIONS

---

#### CPR

AGE: N/A  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: N/A

#### AED Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Shock indicated

#### Manual Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: VF or pulseless VT

### CONTRAINDICATIONS

---

#### CPR

Obviously dead as per BLS standards  
Meet conditions of DNR standard

#### AED Defibrillation

Non-shockable rhythm

#### Manual Defibrillation

Rhythms other than VF or pulseless VT

## TREATMENT

Consider **CPR**:

Consider **AED defibrillation**: (with pediatric attenuator if available)

	Age ≥30 days to <8 years		Age ≥8 years
	With Ped attenuator	Without Ped attenuator	
<i>Dose</i>	1 shock	1 shock	1 shock
<i>Max. single dose</i>	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
<i>Dosing interval</i>	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1

Consider **Manual defibrillation**:

	Age ≥30 days to <8 years	Age ≥8 years
	<i>Dose</i>	1 shock
<i>Initial dose</i>	2 J/kg	As per BH / manufacturer
<i>Dosing interval</i>	N/A	N/A
<i>Max. # of doses</i>	1	1

Transport to the closest appropriate facility without delay following the first analysis.

## CLINICAL CONSIDERATIONS

N/A

## FOREIGN BODY AIRWAY OBSTRUCTION CARDIAC ARREST MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

Cardiac arrest secondary to an airway obstruction

### CONDITIONS

#### CPR

AGE: N/A  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: N/A

#### AED Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Shock indicated

#### Manual Defibrillation

AGE:  $\geq 30$  days  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: VF or pulseless VT

### CONTRAINDICATIONS

#### CPR

Obviously dead as per BLS standards  
Meet conditions of DNR standard

#### AED Defibrillation

Non-shockable rhythm

#### Manual Defibrillation

Rhythms other than VF or pulseless VT

### TREATMENT

Consider **CPR**:

Consider **foreign body removal**: (utilizing BLS maneuvers)

Consider **AED defibrillation**: (with pediatric attenuator if available)

	Age ≥30 days to <8 years		Age ≥8 years
	<i>With Ped attenuator</i>	<i>Without Ped attenuator</i>	
<i>Dose</i>	1 shock	1 shock	1 shock
<i>Max. single dose</i>	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
<i>Dosing interval</i>	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1

Consider **Manual defibrillation**:

	Age ≥30 days to <8 years	Age ≥8 years
<i>Dose</i>	1 shock	1 shock
<i>Initial dose</i>	2 J/kg	As per BH / manufacturer
<i>Dosing interval</i>	N/A	N/A
<i>Max. # of doses</i>	1	1

If the patient is in cardiac arrest following removal of the obstruction, initiate management as a medical cardiac arrest.

If the obstruction cannot be removed, transport to the closest appropriate facility without delay following the first analysis.

## CLINICAL CONSIDERATIONS

N/A

## NEONATAL RESUSCITATION MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Severe cardio-respiratory distress

### CONDITIONS

---

#### Resuscitation

AGE: newborn or <30  
days of age

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Less than full  
term, or  
meconium, or  
poor APGAR score

### CONTRAINDICATIONS

---

#### Resuscitation

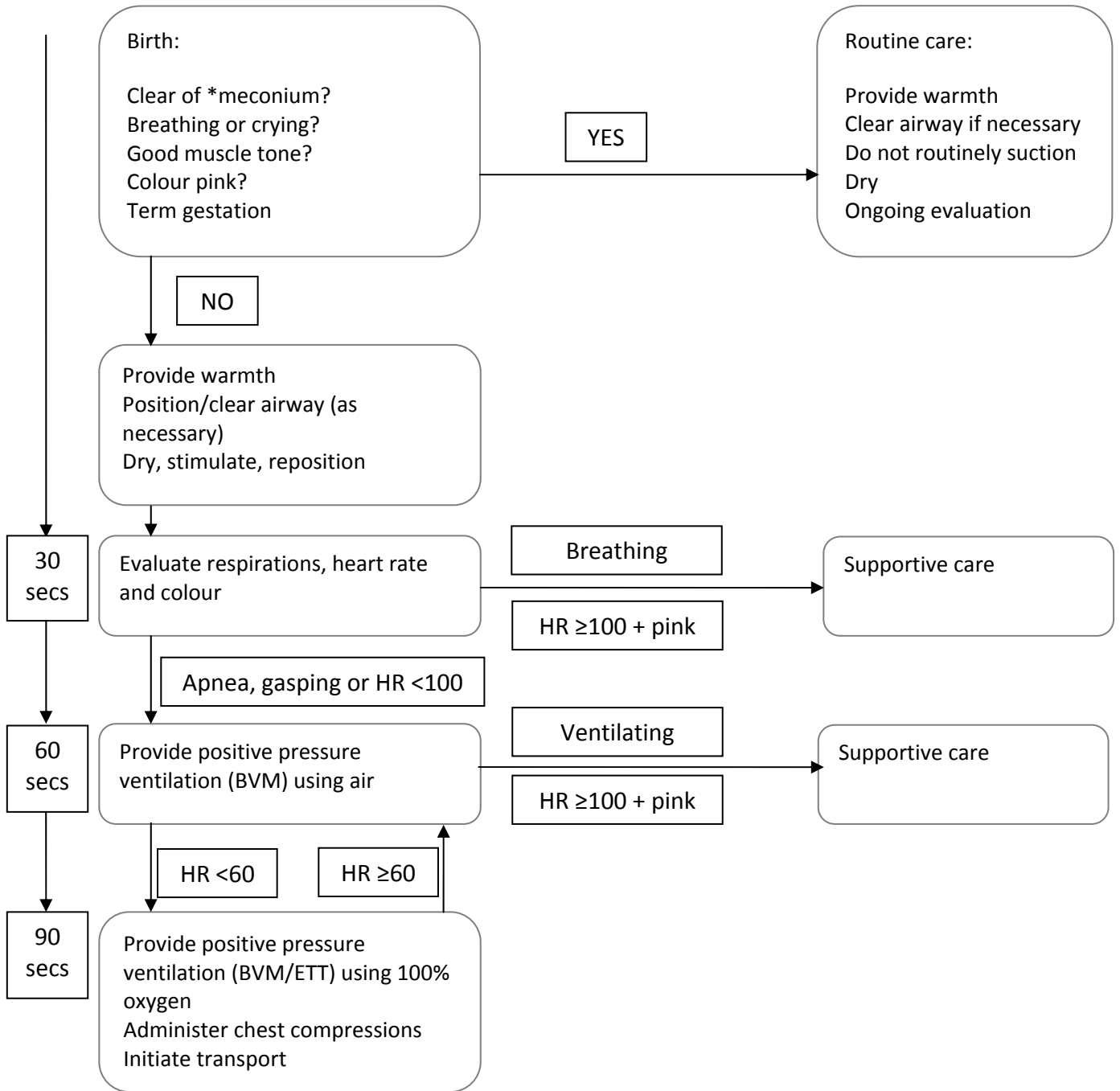
Clear of meconium

Breathing or crying

Good muscle tone

Pink in colour

**TREATMENT**



\*if meconium is present and baby not vigorous, suction mouth and pharynx and provide BVM ventilations as required and then continue with the remainder of the initial steps following birth.

## RETURN OF SPONTANEOUS CIRCULATION (ROSC) MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Patient with return of spontaneous circulation (ROSC) after the resuscitation was initiated.

### CONDITIONS

---

#### **0.9% NaCl fluid bolus**

AGE: N/A  
LOA: N/A  
HR: N/A  
RR: N/A  
SBP: Hypotension  
Other: Chest auscultation is clear

#### **Therapeutic hypothermia**

AGE: males  $\geq 18$  years  
females  $\geq 50$  years  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP:  $\geq 90$  mmHg  
(spontaneous or following bolus administered)  
Other: N/A



## CONTRAINDICATIONS

### 0.9% NaCl fluid bolus

Fluid overload  
SBP  $\geq 90$  mmHg

### Therapeutic hypothermia

Traumatic cardiac arrest  
(blunt, penetrating or burn)  
  
Sepsis or serious infection  
suspected as cause of  
arrest  
  
Hypothermic arrest  
  
Known coagulopathy  
(medical history or  
medications)

## TREATMENT

Consider **rapid transport**

Consider **optimizing ventilation and oxygenation:**

Titrate oxygenation  $\geq 94\%$

Avoid hyperventilation and target an ETCO<sub>2</sub> of 35-40 mmHg with continuous waveform capnography (if available)

Consider **0.9% NaCl fluid bolus:** (if certified and authorized)

	Age <12 years	Age $\geq 12$ years
	Route IV	Route IV
<i>Infusion</i>	10 ml/kg	10 ml/kg
<i>Infusion interval</i>	Immediate	Immediate
<i>Reassess every</i>	100 ml	250 ml
<i>Max. volume</i>	1,000 ml	1,000 ml

Consider **12 lead acquisition** (if available)

Consider **Therapeutic hypothermia** (if available)

## **CLINICAL CONSIDERATIONS**

---

The application of therapeutic hypothermia should not detract from rapid transport, optimizing ventilation and oxygenation or the management of a re-arrest.

## CARDIAC ISCHEMIA MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Suspected cardiac ischemia

### CONDITIONS

---

#### ASA

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: Able to chew and swallow

#### Nitroglycerin

AGE: ≥18 years

LOA: Unaltered

HR: 60-159 bpm

RR: N/A

SBP: Normotension

Other: Prior history of nitroglycerin use  
**OR** IV access obtained

## CONTRAINDICATIONS

### ASA

Allergy or sensitivity to ASA or NSAIDS

If asthmatic, no prior use of ASA

Current active bleeding

CVA or TBI in the previous 24 hours

### Nitroglycerin

Allergy or sensitivity to nitrates

Phosphodiesterase inhibitor use within the previous 48 hours

SBP drops by one-third or more of its initial value after nitroglycerin is administered

12-lead ECG compatible with Right Ventricular infarct

## TREATMENT

Consider **ASA**:

	<b>Route</b>
	<i>PO</i>
<i>Dose</i>	160-162 mg
<i>Max. single dose</i>	162 mg
<i>Dosing interval</i>	N/A
<i>Max. # of doses</i>	1

Consider **12-lead ECG acquisition** (if available)

Consider *nitroglycerin*:

	<b>SBP</b> ≥100 mmHg
	<b>Route</b> SL
<i>Dose</i>	0.3 or 0.4 mg
<i>Max. single dose</i>	0.4 mg
<i>Dosing interval</i>	5 min.
<i>Max. # of doses</i>	6

## CLINICAL CONSIDERATIONS

N/A

## ACUTE CARIOGENIC PULMONARY EDEMA MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Moderate to severe respiratory distress

**AND**

Suspected acute cardiogenic pulmonary edema

### CONDITIONS

---

#### **Nitroglycerin**

AGE: ≥18 years

LOA: N/A

HR: 60-159 bpm

RR: N/A

SBP: Normotension

Other: Ascertain prior  
history of  
nitroglycerin use  
**OR** establish IV  
access

## CONTRAINDICATIONS

### Nitroglycerin

Allergy or sensitivity to nitrates

Phosphodiesterase inhibitor use within the previous 48 hours

SBP drops by one-third or more of its initial value after nitroglycerin is administered

## TREATMENT

Consider **nitroglycerin**:

	SBP 100 mmHg to <140 mmHg	SBP ≥140 mmHg	
	IV or Hx	IV or Hx	IV or Hx
	Yes	No	Yes
	Route	Route	Route
	SL	SL	SL
<i>Dose</i>	0.3 or 0.4 mg	0.3 or 0.4 mg	0.6 or 0.8 mg
<i>Max. single dose</i>	0.4 mg	0.4 mg	0.8 mg
<i>Dosing interval</i>	5 min.	5 min.	5 min.
<i>Max. # of doses</i>	6	6	6

**NOTE:** Hx refers to a patient with a prior history of nitroglycerin use.

Consider **12-lead ECG acquisition** (if available)

## CLINICAL CONSIDERATIONS

IV condition applies only to PCPs certified to the level of PCP Autonomous IV.

## CARDIOGENIC SHOCK MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

STEMI-positive ECG

**AND**

Cardiogenic shock

### CONDITIONS

---

**0.9% NaCl**

AGE: ≥2 years

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: Clear chest on auscultation

### CONTRAINDICATIONS

---

**0.9% NaCl**

N/A



**TREATMENT**

Consider **0.9% NaCl fluid bolus**:

	Age ≥2 years to <18 years	Age ≥18 years
	Route IV	Route IV
<i>Infusion</i>	10 ml/kg	10 ml/kg
<i>Infusion interval</i>	N/A	N/A
<i>Reassess every</i>	100 ml	250 ml
<i>Max. volume</i>	10 ml/kg	10 ml/kg

**CLINICAL CONSIDERATIONS**

N/A

## HYPOGLYCEMIA MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Agitation **OR** altered LOA **OR** seizure **OR** symptoms of stroke

### CONDITIONS

---

#### Dextrose

AGE: ≥2 years  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Hypoglycemia

#### Glucagon

AGE: N/A  
LOA: Altered  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: Hypoglycemia

### CONTRAINDICATIONS

---

#### Dextrose

Allergy or sensitivity to dextrose

#### Glucagon

Allergy or sensitivity to glucagon  
Pheochromocytoma

### TREATMENT

---

Perform ***glucometry***

Consider **dextrose** (if certified and authorized) **or glucagon**:

	<b>Drug</b> <i>Dextrose</i>	<b>Drug</b> <i>Glucagon</i>	
	<b>Age</b> <i>≥2 years</i>	<b>Age</b> <i>N/A</i>	
	<b>Weight</b> <i>N/A</i>	<b>Weight</b> <i>&lt;25 kg</i>	<b>Weight</b> <i>≥25 kg</i>
	<b>Concentration</b> <i>D50W</i>	<b>Concentration</b> <i>N/A</i>	<b>Concentration</b> <i>N/A</i>
	<b>Route</b> <i>IV</i>	<b>Route</b> <i>IM</i>	<b>Route</b> <i>IM</i>
<i>Dose</i>	0.5 g/kg (1 ml/kg)	0.5 mg	1 mg
<i>Max. single dose</i>	25 g (50 ml)	0.5 mg	1 mg
<i>Dosing interval</i>	10 min.	20 min.	20 min.
<i>Max. # of doses</i>	2	2	2

## CLINICAL CONSIDERATIONS

If the patient responds to dextrose or glucagon, he/she may receive oral glucose or other simple carbohydrates.

If only mild signs or symptoms are exhibited, the patient may receive oral glucose or other simple carbohydrates instead of dextrose or glucagon.

If a patient initiates an informed refusal of transport, a final set of vital signs including blood glucometry must be attempted and documented.

IV administration of dextrose applies only to PCPs certified to the level of PCP Autonomous IV.

## BRONCHOCONSTRICTION MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Respiratory distress

**AND**

Suspected bronchoconstriction

### CONDITIONS

---

#### Salbutamol

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### Epinephrine

AGE: N/A

WEIGHT: N/A

LOA: N/A

HR: N/A

RR: BVM ventilation  
required

SBP: N/A

Other: Hx of asthma

#### Epinephrine Autoinjector

AGE: N/A

WEIGHT:  $\geq 10$  kg

LOA: N/A

HR: N/A

RR: BVM ventilation  
required

SBP: N/A

Other: Hx of asthma

### CONTRAINDICATIONS

---

#### Salbutamol

Allergy or sensitivity to  
salbutamol

#### Epinephrine

Allergy or sensitivity to  
epinephrine

#### Epinephrine Autoinjector

Allergy or sensitivity to  
epinephrine

**TREATMENT**

Consider **salbutamol**:

	Weight <25 kg		Weight ≥25 kg	
	Route MDI (if available)*	Route NEB	Route MDI (if available)*	Route NEB
<i>Dose</i>	Up to 600 mcg (6 puffs)	2.5 mg	Up to 800 mcg (8 puffs)	5 mg
<i>Max. Single Dose</i>	600 mcg	2.5 mg	800 mcg	5 mg
<i>Dosing interval</i>	5-15 min. PRN	5-15 min. PRN	5-15 min. PRN	5-15 min. PRN
<i>Max. # of doses</i>	3	3	3	3

\* 1 puff=100mcg

Consider **epinephrine**:

	Weight N/A	Weight ≥10 kg to <25 kg	Weight ≥25 kg
	Route IM	Route Pediatric Autoinjector	Route Adult Autoinjector
	Concentration 1:1,000	Concentration 1:1,000	Concentration 1:1,000
<i>Dose</i>	0.01 mg/kg**	1 injection (0.15 mg)	1 injection (0.3 mg)
<i>Max. single dose</i>	0.5 mg	1 injection	1 injection
<i>Dosing interval</i>	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1

\*\* The epinephrine dose may be rounded to the nearest 0.05 mg.

## **CLINICAL CONSIDERATIONS**

---

Epinephrine should be the first drug administered if the patient is apneic. Salbutamol MDI may be administered subsequently using a BVM MDI adapter (if available).

Nebulization is contraindicated in patients with a known or suspected fever or in the setting of a declared febrile respiratory illness outbreak by the local medical officer of health.

When administering salbutamol MDI, the rate of administration should be 100 mcg approximately every 4 breaths.

A spacer should be used when administering salbutamol MDI (if available).

***MANDATORY PROVINCIAL PATCH POINT:***

Patch to BHP for authorization to use pediatric autoinjector for patients <10 kg.

## MODERATE TO SEVERE ALLERGIC REACTION MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Exposure to a probable allergen

**AND**

Signs and/or symptoms of a moderate to severe allergic reaction (including anaphylaxis)

### CONDITIONS

---

#### Epinephrine

AGE: N/A

WEIGHT: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: For anaphylaxis only

#### Epinephrine Autoinjector

AGE: N/A

WEIGHT:  $\geq 10$  kg

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: For anaphylaxis only

#### Diphenhydramine

AGE: N/A

WEIGHT:  $\geq 25$  kg

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

### CONTRAINDICATIONS

---

#### Epinephrine

Allergy or sensitivity to epinephrine

#### Epinephrine Autoinjector

Allergy or sensitivity to epinephrine

#### Diphenhydramine

Allergy or sensitivity to diphenhydramine

**TREATMENT**Consider **epinephrine**:

	<b>Weight</b> N/A	<b>Weight</b> ≥10 kg to <25 kg	<b>Weight</b> ≥25 kg
	<b>Route</b> <i>IM</i>	<b>Route</b> <i>Pediatric Autoinjector</i>	<b>Route</b> <i>Adult Autoinjector</i>
	<b>Concentration</b> <i>1:1,000</i>	<b>Concentration</b> <i>1:1,000</i>	<b>Concentration</b> <i>1:1,000</i>
<i>Dose</i>	0.01 mg/kg*	1 injection (0.15 mg)	1 injection (0.3 mg)
<i>Max. single dose</i>	0.5 mg	1 injection	1 injection
<i>Dosing interval</i>	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1

\*The epinephrine dose may be rounded to the nearest 0.05 mg.

Consider **diphenhydramine** (if certified and authorized):

	<b>Weight</b> ≥25 kg to <50 kg		<b>Weight</b> ≥50 kg	
	<b>Route</b> <i>IV</i>	<b>Route</b> <i>IM</i>	<b>Route</b> <i>IV</i>	<b>Route</b> <i>IM</i>
<i>Dose</i>	25 mg	25 mg	50 mg	50 mg
<i>Max. single dose</i>	25 mg	25 mg	50 mg	50 mg
<i>Dosing interval</i>	N/A	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1	1

**CLINICAL CONSIDERATIONS**

Epinephrine should be the first drug administered in anaphylaxis.

IV administration of diphenhydramine applies only to PCPs certified to the level of PCP Autonomous IV.



***MANDATORY PROVINCIAL PATCH POINT:***

Patch to BHP for authorization to use pediatric autoinjector for patients <10 kg

## CROUP MEDICAL DIRECTIVE

*A Primary Care Paramedic may provide the treatment prescribed in this medical directive if certified and authorized.*

### INDICATIONS

---

Severe respiratory distress

**AND**

Stridor at rest

**AND**

Current history of URTI

**AND**

Barking cough OR recent history of a barking cough

### CONDITIONS

---

#### **Epinephrine**

AGE: <8 years

LOA: N/A

HR: <200 bpm

RR: N/A

SBP: N/A

Other: N/A

### CONTRAINDICATIONS

---

#### **Epinephrine**

Allergy or sensitivity to epinephrine

## TREATMENT

Consider *epinephrine*:

	Age <1 year		Age ≥1 year to 8 years
	Weight <5 kg	Weight ≥5 kg	Weight N/A
	Route NEB	Route NEB	Route NEB
	Concentration 1:1,000	Concentration 1:1,000	Concentration 1:1,000
<i>Dose</i>	0.5 mg	2.5 mg	5 mg
<i>Max. single dose</i>	0.5 mg	2.5 mg	5 mg
<i>Dosing interval</i>	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1

## CLINICAL CONSIDERATIONS

The minimum initial volume for nebulization is 2.5 ml.





# **Appendix 3**

## **Primary Care Paramedic Auxiliary Medical Directives**

November 2011



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## INTRAVENOUS AND FLUID THERAPY MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized according to the PCP Autonomous IV level.*

### INDICATIONS

---

Actual or potential need for intravenous medication **OR** fluid therapy

### CONDITIONS

---

#### IV

AGE: ≥2 years  
LOA: N/A  
HR: N/A  
RR: N/A  
SBP: N/A  
Other: N/A

#### Fluid Bolus

AGE: ≥2 years  
LOA: N/A  
HR: N/A  
RR: N/A  
SBP: Hypotension  
Other: N/A

### CONTRAINDICATION

---

#### IV

Suspected fracture proximal to the access site.

#### Fluid Bolus

Signs of fluid overload

### TREATMENT

---

Consider ***IV cannulation***



Consider **0.9% NaCl** maintenance infusion:

	<b>Age</b> ≥2 years to <12 years	<b>Age</b> ≥12 years
	<b>Route</b>	<b>Route</b>
	IV	IV
<i>Infusion</i>	15 ml/hr	30-60 ml/hr
<i>Infusion interval</i>	N/A	N/A
<i>Reassess every</i>	N/A	N/A
<i>Max. volume</i>	N/A	N/A

**MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to administer IV NaCl bolus to a patient ≥2 years to <12 years with suspected Diabetic Ketoacidosis (DKA)

Consider **0.9% NaCl fluid bolus:**

	<b>Age</b> ≥2 years to <12 years	<b>Age</b> ≥12 years
	<b>Route</b>	<b>Route</b>
	IV	IV
<i>Infusion</i>	20 ml/kg	20 ml/kg
<i>Infusion interval</i>	Immediate	Immediate
<i>Reassess every</i>	100 ml	250 ml
<i>Max. volume*</i>	20 ml/kg up to 2,000 ml	2,000 ml

\*The maximum volume of NaCl is lower for patients in cardiogenic shock

## **CLINICAL CONSIDERATIONS**

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“PCP Assist IV” authorizes a PCP to cannulate a peripheral IV at the request and under the direct supervision of an ACP. The patient must require a peripheral IV in accordance with the indications listed in this Medical Directive. PCPs certified in PCP Assist IV are not authorized to administer IV fluid or medication therapy.

Microdrips and or volume control administration sets should be considered when IV access is indicated for patients less than 12 years of age.

## CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP) MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Severe respiratory distress

**AND**

Signs and/or symptoms of acute pulmonary edema **OR** COPD

### CONDITIONS

---

#### CPAP

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: Tachypnea

SBP: Normotension

Other: SpO<sub>2</sub> <90% or  
accessory muscle  
use

## CONTRAINDICATIONS

### CPAP

Asthma exacerbation  
 Suspected pneumothorax  
 Unprotected or unstable airway  
 Major trauma or burns to the head or torso  
 Tracheostomy  
 Inability to sit upright  
 Unable to cooperate  
 Hypotension

## TREATMENT

Consider **CPAP**:

<i>Initial setting</i>	5 cm H <sub>2</sub> O	Or equivalent flow rate of device as per BH direction
<i>Titration increment</i>	2.5 cm H <sub>2</sub> O	Or equivalent flow rate of device as per BH direction
<i>Titration interval</i>	5 min.	
<i>Max. setting</i>	15 cm H <sub>2</sub> O	Or equivalent flow rate of device as per BH direction

Consider increasing **FiO<sub>2</sub>** (if available):

<i>Initial FiO<sub>2</sub></i>	50-100%
<i>FiO<sub>2</sub> increment (if available on device)</i>	SpO <sub>2</sub> <92% despite treatment and/or 10cm H <sub>2</sub> O pressure or equivalent flow rate of device as per BH direction
<i>Max FiO<sub>2</sub></i>	100%

Confirm **CPAP pressure by manometer** (if available)

## CLINICAL CONSIDERATIONS

---

N/A

## SUPRAGLOTTIC AIRWAY MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Need for ventilatory assistance **OR** airway control

**AND**

Other airway management is inadequate or ineffective

### CONDITIONS

---

#### Supraglottic Airway

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: patient must be in cardiac arrest

### CONTRAINDICATIONS

---

#### Supraglottic Airway

Active vomiting

Inability to clear the airway

Airway edema

Stridor

Caustic ingestion

## TREATMENT

---

Consider ***supraglottic airway insertion***. The maximum number of attempts is 2.

Confirm ***supraglottic airway placement***:

<b>Method</b>	<b>Method</b>
<i>Primary</i>	<i>Secondary</i>
Auscultation	ETCO <sub>2</sub>
Chest rise	Other

## CLINICAL CONSIDERATIONS

---

An attempt at supraglottic airway insertion is defined as the insertion of the supraglottic airway into the mouth.

## NAUSEA / VOMITING MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Nausea **OR** vomiting

### CONDITIONS

---

#### **Dimenhydrinate**

AGE: N/A

WEIGHT:  $\geq 25$  kg

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

### CONTRAINDICATIONS

---

#### **Dimenhydrinate**

Allergy or sensitivity to dimenhydrinate or other antihistamines

Overdose on antihistamines or anticholinergics or tricyclic antidepressants



## TREATMENT

Consider *dimenhydrinate*:

	Weight		Weight	
	≥25 kg to <50 kg		≥50 kg	
	Route	Route	Route	Route
	<i>IV</i>	<i>IM</i>	<i>IV</i>	<i>IM</i>
<i>Dose</i>	25 mg	25 mg	50 mg	50 mg
<i>Max. single dose</i>	25 mg	25 mg	50 mg	50 mg
<i>Dosing interval</i>	N/A	N/A	N/A	N/A
<i>Max. # of doses</i>	1	1	1	1

## CLINICAL CONSIDERATIONS

IV administration of dimenhydrinate applies only to PCPs certified to the level of PCP Autonomous IV.

Prior to IV administration, dilute dimenhydrinate (concentration of 50 mg/1 ml) 1:9 with Normal Saline or sterile water. If given IM do not dilute.

## ELECTRONIC CONTROL DEVICE PROBE REMOVAL MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Electronic Control Device probe(s) embedded in patient.

### CONDITIONS

---

#### Probe Removal

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

### CONTRAINDICATIONS

---

#### Probe removal

Probe embedded above the clavicles, in the nipple(s), or in the genital area.

### TREATMENT

---

Consider ***probe removal***

## **CLINICAL CONSIDERATIONS**

---

Police may require preservation of the probe(s) for evidentiary purposes.

This directive is for removal of ECD only and in no way constitutes treat and release, normal principles of patient assessment and care apply.

## MINOR ABRASIONS MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Minor abrasions

#### AND

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

### CONDITIONS

---

#### Topical Antibiotic

AGE: N/A

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

### CONTRAINDICATIONS

---

#### Topical Antibiotic

Allergy or sensitivity to any of the components of the topical antibiotic

## TREATMENT

---

Consider ***topical antibiotic***

Consider **release from care**

## CLINICAL CONSIDERATIONS

---

Advise patient that if the problem persists or worsens that they should seek further medical attention.

## MINOR ALLERGIC REACTION MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Signs consistent with minor allergic reaction

#### AND

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

### CONDITIONS

---

#### **Diphenhydramine**

AGE: ≥18 years

LOA: Unaltered

HR: WNL

RR: WNL

SBP: Normotension

Other: N/A

## CONTRAINDICATIONS

### Diphenhydramine

Allergy or sensitivity to diphenhydramine

Antihistamine or sedative use in previous 4 hours

Signs or symptoms of moderate to severe allergic reaction

Signs or symptoms of intoxication

Wheezing

## TREATMENT

Consider **diphenhydramine**:

	Route
	<i>PO</i>
<i>Dose</i>	50 mg
<i>Max. single dose</i>	50 mg
<i>Dosing interval</i>	N/A
<i>Max. # of doses</i>	1

Consider **release from care**

## CLINICAL CONSIDERATIONS

Advise patient that if the problem persists or worsens that they should seek further medical attention.

## MUSCULOSKELETAL PAIN MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Minor musculoskeletal pain

#### AND

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

### CONDITIONS

---

#### Acetaminophen

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

### CONTRAINDICATIONS

---

#### Acetaminophen

No acetaminophen in the last 4 hours

Allergy or sensitivity to acetaminophen

Signs or symptoms of intoxication



## TREATMENT

---

Consider **acetaminophen**:

	<b>Route</b>
	<i>PO</i>
<i>Dose</i>	325-650 mg
<i>Max. single dose</i>	650 mg
<i>Dosing interval</i>	N/A
<i>Max. # of doses</i>	1

Consider **release from care**

## CLINICAL CONSIDERATIONS

---

Advise patient that if the problem persists or worsens that they should seek further medical attention.

## HEADACHE MEDICAL DIRECTIVE - AUXILIARY

*A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.*

### INDICATIONS

---

Uncomplicated headache conforming to the patient's usual pattern

#### AND

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

### CONDITIONS

---

#### Acetaminophen

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

### CONTRAINDICATIONS

---

#### Acetaminophen

No acetaminophen in past 4 hours

Allergy or sensitivity to acetaminophen

Signs or symptoms of intoxication

## TREATMENT

---

Consider **acetaminophen**:

	<b>Route</b>
	<i>PO</i>
<i>Dose</i>	325-650 mg
<i>Max. single dose</i>	650 mg
<i>Dosing interval</i>	N/A
<i>Max. # of doses</i>	1

Consider **release from care**

## CLINICAL CONSIDERATIONS

---

Advise patient that if the problem persists or worsens that they should seek further medical attention.

