



Lakeridge
Health

RETINAL LASER POST PROCEDURE INSTRUCTIONS PAN RETINAL PHOTOCOAGULATION (PRP) & FOCAL LASER

L - LIGHT
A - AMPLIFIED BY
S - STIMULATED
E - EMISSIONS OF
R - RADIATION

LASER changes **LIGHT** energy into **HEAT** energy which creates tiny “burns” (cautery) to the blood vessels of your eye. The doctor may have told you there is leakage, swelling or bleeding that needs to be treated.

This treatment is to **prevent vision loss**. You will probably need a series of appointments arranged by:

Dr. Baziuk’s office: 905-434-2669

Dr. Nijhawan’s office: 905-721-4906 Ext. 4906

WHAT TO EXPECT

1. We only treat one **eye at a time**.
2. Your eye may be sore after LASER treatment (eye “ache” or headache is normal and may last for 24 hours). You may take pain relievers as advised by your doctor.
3. You were given a “freezing” drop in your eye before this LASER, so **PLEASE DO NOT RUB YOUR EYE FOR 30 MINUTES**.
4. Your eye will be sensitive to light due to “dilating” drops so it is advisable to wear sunglasses when outdoors. The effects of this drop will wear off within 6 hours.
5. The eye treated may be blurred for up to 1 week and you may experience “flashing lights” or “floaters” following laser treatment.
6. If you needed a “Freezing Injection” your eye should remain patched until tomorrow morning. You may need pain relievers when this freezing wears off.
7. You **MUST NOT DRIVE** a motor vehicle with your eye patched or if your vision is blurred.

WE WILL BE HAPPY TO CALL A RIDE FOR YOU!

If you have been previously prescribed eye drops.....PLEASE CONTINUE TO USE THEM UNLESS THE DOCTOR TELL YOU OTHERWISE!