



## Recognizing the Signs of Stroke

## Time is Brain

Have you heard the saying "Time is Brain"? Have you considered what that phrase means?



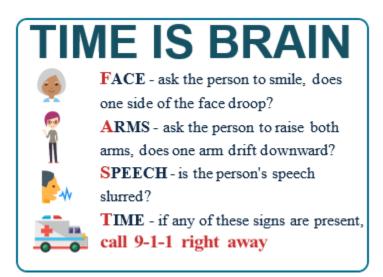
It means that when a stroke occurs there is a rapid loss of neurons in the brain. In fact, the estimated loss in ischemic stroke is **1.9 million neurons for each minute** in which a stroke is untreated!

Therefore, "Time is Brain" is a rallying cry for everyone to recognize the signs of stroke and **act FAST**. Know these signs for yourself, family members, friends, co-workers. If you witness a stroke, remember to call **9-1-1**.



## Recognize the Signs of Stroke

If you witness or experience any of the F.A.S.T signs of stroke, call 9-1-1. Do not drive to the hospital. An ambulance will take you to the best hospital for stroke care.





Video: Witnessing the FAST signs of stroke



Heart & Stroke FAST signs in a variety of languages