



What is RAAM?

RAAM is an easy service that provides help for people who are concerned with their substance use, such as alcohol or opioids (e.g. heroin, oxys, hydromorphone, fentanyl). RAAM offers treatment for substance use disorders and support for individuals not currently connected to recovery services. RAAM is also for those who are currently taking prescription opioids for pain and want information or help coming off them. The RAAM team has experience treating those who are struggling with substance use and understands the barriers associated with seeking help.

- **If you do not have a health card, we can still help!**
- **RAAM also provides take-home Naloxone kits and Fentanyl test kits**

If you are feeling nervous or hesitant about going to the clinic, you may bring along a friend or family member but please note, due to COVID-19, at this time they will have to wait outside or in their car. You are also welcome to come to the clinic even if you are not sure that you have substance dependence.

Oshawa RAAM Clinic

PINEWOOD CENTRE

Due to COVID-19, RAAM is currently operating out of the Pinewood Centre location only

New clients are being seen in person – please call for an appointment

Follow ups are by phone

There are no walk-in services at this point in time

300 Centre Street South, Oshawa ON

Tel: 905-576-8711 ext 37226

Note: The RAAM clinic is closed on all statutory holidays

