



**Lakeridge
Health**

RAAM Clinic

Rapid Access Addictions Medicine

PATIENT INFORMATION

What is RAAM?

RAAM is an easy access service that provides immediate help for people who are concerned with their substance use such as alcohol or opioids (e.g. heroin, oxys, hydromorphone, fentanyl). RAAM offers treatment for substance use disorders and support for individuals not currently connected to addiction recovery services. RAAM is also for those who are currently taking prescription opioids for pain and want information or help on coming off of them. The RAAM team has experience treating those who are struggling with substance use and understand the barriers associated with seeking help.

- **RAAM is a WALK-IN service so no appointment or referral is necessary.**
- **If you do not have a health card we can still help!**
- **RAAM also provides take-home Naloxone kits and Fentanyl test kits**

If you are feeling nervous or hesitant about going to the clinic, feel free to bring along a friend or family member. You are welcome to come to the clinic even if you are not sure that you have substance dependence.

Oshawa RAAM Clinics

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OSHAWA HOSPITAL

(enter on south side of hospital at GAIN Clinic, near Cancer Centre)

1 Hospital Court, Oshawa ON

Tel: 905-576-8711 ext. RAAM (7226)

Hours: Monday 9am-11am, Thursday 9am-11am

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PINEWOOD CENTRE

300 Centre Street South, Oshawa ON

Tel: 905-576-8711 ext. RAAM (7226)

Hours: Tuesday 9am-11am, Friday 9am-11am

Note: RAAM clinics are closed on all statutory holidays