

Important to Know

Location

We offer appointments at our clinic. For clients who have difficulty attending the clinic, we may refer to another clinic better suited for in-home assessments.

Hours

We provide care Monday-Friday, morning and afternoon appointments.

Your Experience

We want to hear from you. Please share any comments you may have about the service at:
905-576-8711 x34402
patientrelations@lakeridgehealth.on.ca

Assessment

We believe in a holistic approach to health care and ask that your caregiver and/or family supports attend the appointment with you.

Please note that if testing finds driving safety is impaired, GAIN is required to report results to the Ministry of Transportation Ontario (MTO).

Lakeridge Health Oshawa
1 Hospital Court
Oshawa, Ontario L1H 2B9

Phone: 905-576-8711 x 34832
Fax: 905-743-5311

<https://www.lakeridgehealth.on.ca/en/ourservices/geriatricclinic.asp>



GAIN 
Geriatric Assessment & Intervention Network

Funded by Central East LHIN



**Lakeridge Health
Oshawa**

905-576-8711 x 34832



What is GAIN?

The Geriatric Assessment and Intervention Network (GAIN) is a system of 12 teams located in East Scarborough, Durham, Haliburton, Peterborough, Kawartha Lakes and Northumberland Counties.

GAIN Teams provide assessment, investigation, diagnosis, treatment, education, support and care to older adults dealing with complex health concerns about:

- Memory loss
- Difficulty coping including:
 - Behaviours related to dementia
- Changes in mobility (including falls)
- Multiple/complex medications
- Safety issues
- Frequent hospital visits including the Emergency Room



Your GAIN Team



The Lakeridge Health GAIN team is led by Nurse Practitioners (NP). Patients will be seen by the NP and one or more of the following team members:

- Behavioural Support Nurse
- Occupational Therapist
- Pharmacist
- Physiotherapist
- Social Worker
- Home & Community Care Coordinator

In addition to the care we provide, we will provide a detailed consultation note to your Primary Care Provider. We will also attempt to connect you with the other services you may require.

Our Service

GAIN referrals can be made by doctors and other health providers.

Patients are asked to have a close support (caregiver and/or family member(s)) attend the appointment with them.

What You Can Expect:

1. Team member(s) will meet with you and your family to **help determine your needs**. This assessment takes approximately two hours and involves various examinations and discussions. It is done using a patient centred team approach.

Please note that if testing finds driving safety is impaired, GAIN is required to report results to the Ministry of Transportation Ontario (MTO).

2. **Together** we will make a care plan.
3. As part of your health care team we will provide and help coordinate some of your identified health care needs and work with other members of your health care team.

