

### **Take Care of Yourself**

If you feel ill, please stay home and rest. Taking care of yourself and staying healthy will help your loved one. If you need support, a social worker is available as well as our Spiritual Care team.

### **Visiting Hours**

Critical Care supports Family Presence/Partners in Care during all hours as you are an important member of your loved ones care team. To understand your role as a Family Member/Partner in Care, ask your nurse for the "Your Role as a Family Member/Partner in Care" pamphlet.

### **Food Services**

There is a cafeteria on the lower level that is open from 7:00 a.m.– 2:00 p.m. and a Coffee Kiosk by the Main Entrance for coffee, tea and snacks. After hours, there are vending



To contact us:

### **Critical Care Unit**

Lakeridge Health Bowmanville  
47 Liberty Street South  
Bowmanville Ontario L1C 2N4  
905-623-3331 ext. 1351

*The Critical Care Unit is located on the first floor of the East Wing.*

For Patient Relations, please call 905-576-8711 ext. 4402 or email [patientrelations@lakeridgehealth.on.ca](mailto:patientrelations@lakeridgehealth.on.ca)

Parking passes are available. For parking information, please call 905-576-8711 ext. 3707 or 4105.



**Lakeridge  
Health**

## **Critical Care Unit**

Bowmanville



**The Critical Care Team** includes Intensivists, Nurses, Respiratory Therapists, Physiotherapists, Dietitians, Social Workers, Pharmacists, and Ethicists. Medical Residents, student nurses and other allied health students provide care under supervision, all working together to provide excellent care.

### **What to bring**

Storage is limited in the Critical Care Unit. Any belongings should be taken home so they are not lost. Any valuables not sent home will be sent to the security department.

Please do not bring flowers into the Critical Care Unit. We cannot allow standing water in the unit.

### **Family Meetings**

The health care team may request family meetings to discuss the progress of your loved one. If you'd like to request this, just ask your loved one's nurse.

Please consider choosing one family member as a spokesperson for giving and receiving information.

### **What you need to know about Critical Care**

Before entering the Critical Care Unit, call us using the intercom outside of the unit. We'll try our best not to keep you waiting.

If you are bringing children under 12 to visit, please check this with your attending nurse first.

To safeguard yourself and your loved one, always wash your hands with soap and water or use the alcohol hand rub before entering the Critical Care Unit, before visiting your relative's room and upon exiting the room. Depending on the situation, you may have to perform extra precautions—the nurse will let you know.

### **Nurse Bedside Shift Report**

Nurse bedside shift report occurs every day between 6:45—7:15 **AM** and 6:45—7:15 **PM**. It is important that we respect your loved one's privacy and adhere to confidentiality requirements. Therefore the Power of Attorney for Personal Care or the Substitute Decision Maker are the only members present during this time.

Please be in the room before Nursing Report starts in order to ensure a safe and complete handover occurs. No one will be allowed to participate after handover has begun. You will be invited to wait in the waiting room until handover is complete.

