Welcome to the Fall 2018 Lakeridge Health Community Update — the first since the new board of trustees was appointed in September.

Today, Durham Region is one of the fastest-growing areas in Ontario. At Lakeridge Health, we are focused on expanding and strengthening the regional acute care system to ensure we provide access to the services people in Durham Region need most.

We are making significant progress. In October, Lakeridge Health was named a Genomic Medicine Centre, one of only three such specialized centres in Ontario, providing women across Durham Region and beyond with access to specialized genomic cancer surgery, close to home. In addition, we have introduced specialized palliative care services at the Port Perry, Bowmanville and Oshawa Hospitals to enable health care professionals to share information and collaborate in real time, across distances, to support newborns, children and youth.

In September, fulfilling our commitment to the community, the Port Perry Hospital re-opened on schedule with more than 800 people touring the facility and attending opening celebrations. The hospital and all of the clinical services are fully restored, with a very active Emergency Department. More inpatient and surgical programs and New Life Centre.

As one of the largest community hospital systems in Ontario, Lakeridge Health is tackling the challenge of hallway medicine on multiple fronts. With four hospitals and many locations across Durham Region, we are introducing new models of care, working with partners differently and implementing innovative solutions including virtual technology to improve access. We are also partnering with health providers across Central East LHIN to prepare for flu season and support people to be as healthy as possible.

With growing and diverse population, new and expanded services are required to meet health care demands. One of the immediate solutions involves working with the Ministry of Health and Long-Term Care and the LHIN to open a new mental health unit at Ajax Pickering Hospital in Spring 2019. Also early in 2019, Lakeridge Health will open a new and enhanced complex continuing care unit in Bowmanville Hospital to support people with chronic health conditions.

If you have driven along Brock Road in Pickering you may have noticed signs marking the future home of the North Pickering Health and Wellness Centre (NPHWC). When NPHWC opens in the next few years it will offer, a one-stop shop for outpatient services, physicians office, urgent care and a range of other hospital and community health services. This new Lakeridge Health facility will provide care much closer to home for people in north Pickering.

While we are improving services today, Lakeridge Health is also building for the future by actively planning the expansion and renovation of many of our hospitals.

Community input and feedback are vitally important as we plan for the services and facilities required at Lakeridge Health in the future. Earlier this year, we held large-scale consultations with community members, patients, families, businesses, partners and the Lakeridge Health team to hear everyone’s thoughts on the buildings and services that will exist in the next 20 years and beyond. Through more than 5,000 touchpoints, the community highlighted four aspirations for the site including expanding our work together to build a great health care system.

Over the coming weeks, Lakeridge Health will undertake our latest round of the Future Health Study as it plans the site of a new health care system in Durham Region. Everyone is welcome to participate in an online public survey available now until December 12, 2018. Details are at www.lakeridgehealth.ca/letstalk. You can also send us an email with your ideas to BuildingfortheFuture@lakeridgehealth.on.ca.

Thank you for your confidence and support as we embark on this important journey together.

Matthew Anderson
President and CEO

Lori Christensen
Executive Vice President, Physician Services & Population Health

Help Shape the Future of Acute Care in Durham Region
Take part in our online public survey available until December 12 at www.lakeridgehealth.on.ca/letstalk.

EXPANDING SERVICES IN CLARINGTON FOR PEOPLE WITH CHRONIC HEALTH CONDITIONS

Living with chronic health conditions can be incredibly challenging for individuals and for their caregivers. But for Rob, a 64-year-old patient in Lakeridge Health’s Bowmanville Hospital’s Complex Continuing Care (CCC) unit, receiving specialized care makes all the difference.

“My quality of life has really improved over time because of the type of services offered here,” says Rob. “It not only feel safe but I have support for the things I am unable to do on my own.”

The CCC unit provides 24/7 support for people with complex medical needs who are unable to receive care at home or another community setting. Rob receives care for diabetes and other long-term conditions.

More and more people like Rob are living with chronic health issues, such as diabetes, heart disease and Alzheimer’s disease. Managing two or more diseases at the same time can be extremely complex. In addition to coping with physical limitations, patients and caregivers juggle a variety of different tests and treatments and, often, have a large health care team to support them.

As Clarington’s population grows and ages, so does the need for enhanced services. Early last year, Lakeridge Health opened a new CCC unit in Bowmanville Hospital that will offer increased medical care, recreational therapy and other services, close to home.

The signs of growth are everywhere in Clarington from major infrastructure projects to a residential construction boom. By 2031, the population of Clarington is expected to increase by 40 per cent so, over the long term, the hospital will need to be expanded to meet the dramatic rise in health care needs. Earlier this year, the Ontario government issued a draft approval for the hospital redevelopment – a plan that would double the size of Bowmanville Hospital and feature a new Emergency Department, surgical services, Diagnostic Imaging, and other enhancements.

The new CCC unit and expanded hospital will help local residents get the right care sooner, improving the experience and quality of life of those with the greatest needs. Lakeridge Health also offers Complex Continuing Care at Ajax Pickering, Whitby and Oshawa Hospitals.

www.lakeridgehealth.on.ca
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Lakeridge Health
Building for the Future

Our Team
Number of Volunteers: 5,425
Number of Volunteer Hours: 1,981,170

Our Services
Diagnosis
5,741,965
Number of Babies Born: 4,330

Our Patients
Outpatient Visits: 636,244

Our Supporters

Secure your family’s health for years to come)

Our Hospital
Emergency Department Visits: 206,023

Lakeridge Health
Building for the Future

YOUR SUPPORT MAKES ALL THE DIFFERENCE.

We are very grateful for the continued support of our Clarington community. Thank you for believing in the work we do and for investing in great healthcare for your family, neighbors and the entire community.

Every gift to the Bowmanville Hospital Foundation is meaningful; every gift counts. Your gifts are put to work immediately, making a significant impact on the delivery of care at Bowmanville Hospital. In the past 119 SMART Jr. pumps were implemented at Bowmanville Hospital, enhancing the safety of medication delivery.

In addition to the redevelopment and expansion project, we are raising funds for new stretchers and mattresses. To date, the “Buy A Bed” fundraiser has raised $125,000, which will purchase 21 new beds for Bowmanville Hospital.

With the season of giving upon us, consider making a year-end gift to the Bowmanville Hospital Foundation. To make a difference for patients and families, visit www.bowinhospital.com and click on “How Give” at the top of the home page or call our local office of the Bowmanville Hospital Foundation at (905) 523-1131 x 881.