

## What to Do If You Have a Fever

This handout offers you information on what to do if you have a fever. For 21 days after you have systemic therapy treatment, a fever can be a medical emergency. Your fever card is attached to this handout.

### **A fever is when your temperature using a digital thermometer is:**

- **Above 38.3° C/100.9°F** at any time or
- **Above 38.0° C/100.4°F** for more than 1 hour.

### **What to do if you have a fever**

Go to the emergency department at the hospital closest to you if you have a fever. Take your fever card with you. Do not take a medication to lower your fever before you go to the emergency department as it may hide your fever.

### **How to use your fever card**

One side of the fever card tells you when to go to the emergency department (ED). The other side of the card gives information to the nurse and doctor in the ED. Take the fever card with you to the emergency department. It is important you show the fever card to the ED nurse and the ED doctor.

### **When you arrive at the emergency department**

Use hand sanitizer and put on a mask when you get to the emergency department. This helps protect you from infection. You are triaged (prioritized) based on the reason you have come to the ED.

After you register, you will be asked to take a seat in the ED waiting room along with other patients. We understand this may make you feel anxious. We know waiting is hard. The healthcare team in the ED understands why you are there and will give you the care you need.

Please talk to a member of your healthcare team if you have questions or do not understand any information in this handout.

Last reviewed: November 2021