

Patient Education Pathway: Radiation Therapy for Genitourinary Cancer

Patient Education/Resource To Be Delivered	When Is It Delivered	Who Delivers It
<p>Send the 'radiation treatment' smart phrase template to the patient's MyChart account using EPIC in-basket (Send email template as an alternate for patient's without MyChart).</p> <p>Content includes:</p> <ul style="list-style-type: none"> The link to the Your Guide to the Durham Regional Cancer Centre (DRCC) booklet. Provide paper copy when patient next seen in person. Links to the radiation therapy teaching videos. <p>The link to the Radiation Therapy – A Guide for People with Cancer booklet (Canadian Cancer Society) is included in these templates as an FYI only.</p>	At consult	DRCC nurse
<p>Your First Visit to the DRCC handout</p>	If first consult appears at a partner site location	RO/nurse
External Beam (Bladder)		
<p>Bladder and Bowel Preparation for Radiation Therapy handout (empty bladder for CT simulation and external beam treatments).</p>	At initial consult	RO/nurse
External Beam (Prostate Bed)		
<p>Bladder and Bowel Preparation for Radiation Therapy handout (full bladder and empty rectum for CT simulation and external beam treatments).</p>	At initial consult	RO/nurse

External Beam (Prostate)		
<p><u>Radiation Therapy for Prostate Cancer: Gold Seed Procedure</u> handout +/- <u>Having-a-Space-OAR-Procedure</u> handout AND either a or b</p> <p>a) <u>Radiation Therapy for Prostate Cancer: How to Prepare for Your Procedure (with an anesthetic)</u> handout b) <u>Radiation Therapy for Prostate Cancer: How to Prepare for your Procedure (with a local anesthetic)</u> handout</p>	At initial consult and information reviewed at pre-op if applicable	RO/nurse
Combined Brachytherapy and External Beam (Prostate)		
<u>High Dose Rate (HDR) Brachytherapy Procedure and External Beam Radiation</u> handout.	At initial consult and information reviewed at pre-op if applicable	RO/nurse
<u>Radiation Therapy for Prostate Cancer: How to Prepare for your MRI and/or CT Scan Appointments</u> handout.	Procedure Day: (HDR Brachytherapy, Gold Seed Insertion, Gold Seeds with Spacer Insertion, Spacer Only Insertion)	Nurse
All Sites		
Review with patient the bladder and/or bowel preparations required for CT simulation and external beam treatments.	Phone call day prior to CT Simulation	radiation therapist
<u>Radiation Therapy to the Prostate</u> OR <u>Radiation Therapy to the Bladder</u> handout as applicable.	CT Simulation	radiation therapist
<u>Gas Reducing Diet</u> handout (as required).	Treatment	radiation therapist/nurse

<u>Sitz Bath Instructions</u> (as required).	Treatment	radiation therapist/ nurse
Bladder* *At RO discretion based on treatment field location.		
<u>Using a Vaginal Dilator</u> handout	When finishing external beam radiation treatments/at first follow up	RO/nurse

Last reviewed: June 2022