

## Patient Education Pathway: Radiation Therapy for Gastrointestinal Cancer

| Patient Education/Resource To Be Delivered   | When Is It Delivered                                | Who Delivers It |
|--|---|-----------------|
| <p>Send the 'radiation treatment' smart phrase template to the patient's MyChart account using EPIC in-basket (Send email template as an alternate for patient's without MyChart).</p> <p>Content includes:</p> <ul style="list-style-type: none"> <li>The link to the <a href="#">Your Guide to the Durham Regional Cancer Centre (DRCC)</a> booklet. Provide paper copy when patient next seen in person.</li> <li>Links to the <a href="#">radiation therapy teaching videos</a>.</li> </ul> <p>The link to the <a href="#">Radiation Therapy – A Guide for People with Cancer</a> booklet (Canadian Cancer Society) is included in these templates as an FYI only.</p> | At consult  | DRCC Nurse      |
| <p><a href="#">Your First Visit to the DRCC</a> handout</p>  | If first consult appears at a partner site location | RO/nurse        |
| <b>Anal Canal</b>  |   |                 |
| <p><a href="#">Your Planning CT Scan with Oral Contrast</a> handout (if RO requests oral contrast).</p>  | At initial consult                                  | RO/nurse        |
| <p><a href="#">Bladder and Bowel Preparation for Radiation Therapy</a> handout (full bladder required for both CT simulation and treatments).</p>  | At initial consult                                  | RO/nurse        |
| <b>Esophageal</b>  |   |                 |
| <p><a href="#">Your Planning CT Scan with IV Contrast</a> handout (if RO requests IV contrast).</p>  | At initial consult                                  | RO/nurse        |
| <b>Gallbladder</b>   |   |                 |
| <p><a href="#">Your Planning CT Scan with Oral Contrast</a> handout (if RO requests oral contrast).</p>  | At initial consult                                  | RO/nurse        |

|   |  |                           |
|---|--|---------------------------|
| <b>Liver (Hepatocellular Carcinoma)</b>   |  |                           |
| <a href="#"><u>Stereotactic Body Radiation Therapy (SBRT) to your Liver</u></a> handout.  | At initial consult   | RO/nurse                  |
| <b>Pancreas</b>   |  |                           |
| <a href="#"><u>Your Planning CT Scan with IV Contrast</u></a> handout (if RO requests IV contrast)  | At initial consult   | RO/nurse                  |
| <b>Rectal– No additional instructions required</b>  |  |                           |
| <b>Stomach Cancer</b>   |  |                           |
| <a href="#"><u>Your Planning CT Scan with IV Contrast</u></a> handout (if RO requests IV contrast).                                       | At initial consult   | RO/nurse                  |
| <a href="#"><u>Your Planning CT Scan with Oral Contrast</u></a> handout (if RO requests oral contrast).                                   | At initial consult   | RO/nurse                  |
| <a href="#"><u>Special Eating Instructions</u></a> handout (required for both CT simulation and Treatments).                              | At initial consult   | RO/nurse                  |
| <b>All Sites</b>  |  |                           |
| Review any preparation instructions (as applicable).  | Phone call day prior to CT Simulation                                | Radiation Therapist       |
| <a href="#"><u>Radiation Therapy to the Pelvis</u></a> OR <a href="#"><u>Radiation Therapy to the Abdomen</u></a> handout as appropriate. | CT Simulation  | Radiation Therapist       |
| <a href="#"><u>Sitz Bath Instructions for Home</u></a> handout (as required).   | Treatment  | Radiation Therapist/nurse |
| <a href="#"><u>Managing Heartburn/GERD</u></a> handout (as required).   | Treatment  | Radiation Therapist/nurse |
| <b>Anal Canal and Rectal*</b>   |  |                           |
| *For rectal cancer vaginal dilator is per RO discretion based on treatment field location.  |  |                           |
| <a href="#"><u>Using a Vaginal Dilator</u></a> handout  | When finishing external beam radiation treatments/at first follow up | RO/nurse                  |

Last reviewed: June 2022