

Patient Education: Appointments with Radiation Oncologist at RMH

- [Coming to the Durham Regional Cancer Centre for Your First Appointment](#)
- [Transportation to the Durham Regional Cancer Centre](#)
- [Discussion of Your Prostate Cancer](#)
- [Finding the new patient radiation therapy videos on the Lakeridge Health website](#)

Preparing for radiation treatments

- [Bladder and Bowel Preparation for Radiation Therapy](#)
- [Radiation Therapy for Prostate Cancer: How to Prepare for Your Procedure \(local anesthetic\)](#)
- [Radiation Therapy for Prostate Cancer: How to Prepare for Your Procedure \(anesthetic\)](#)
- [Radiation Therapy for Prostate Cancer: How to Prepare for your MRI and/or CT Simulation Appointments](#)
- [Special Eating Instructions](#) (for patients with stomach cancer)
- [Your CT Simulation with IV Contrast \(Dye\)](#)

Treatments

- [Stereotactic Body Radiation Therapy \(SBRT\) to your Lung](#)
- [Radiation Therapy for Prostate Cancer: High Dose-Rate \(HDR\) Brachytherapy Procedure](#)
- [Radiation Therapy for Prostate Cancer: Gold Seed Procedure](#)
- [Radiation Therapy for Prostate Cancer: Having a SpaceOAR® Procedure](#)
- [Radiation Therapy to the Abdomen](#)
- [Radiation Therapy to the Bladder](#)
- [Radiation Therapy for Breast Cancer](#)
- [Radiation Therapy to the Head and Neck](#)
- [Stereotactic Body Radiation Therapy \(SBRT\) to Your Liver](#)
- [Stereotactic Radiation Treatment to the Brain](#)
- [Radiation Therapy to the Pelvis](#)

- [Radiation Therapy to the Prostate](#)
- [Radiation Therapy to the Skin](#)

Managing Side Effects

- [Using a Vaginal Dilator](#)
- [Prostate Cancer: How to Manager Urinary Incontinence](#) (Ontario Health-Cancer Care Ontario/OH-CCO patient guide)
- [Prostate Cancer: How to Manage Urinary Problems](#) (OH-CCO patient guide)
- [Prostate Cancer: How to Manage Bowel Problems](#) (OH-CCO patient guide)
- [Prostate Cancer: How to Manage Hormonal Symptoms](#) (OH-CCO patient guide)
- [Prostate Cancer: How to Manage Sexual Problems](#) (OH-CCO patient guide)
- For other [symptom management patient guides](#) from Ontario Health-Cancer Care Ontario