

## Patient Education Pathway: Radiation Therapy for Genitourinary Cancer

Patient Education/Resource To Be Delivered	When Is It Delivered	Who Delivers It
<p>Send the 'radiation treatment' smart phrase template to the patient's MyChart account using EPIC in-basket (Send email template as an alternate for patient's without MyChart).</p> <p>Content includes:</p> <ul style="list-style-type: none"> <li>The link to the <a href="#">Your Guide to the Durham Regional Cancer Centre (DRCC)</a> booklet. Provide paper copy when patient next seen in person.</li> <li>Links to the <a href="#">radiation therapy teaching videos</a>.</li> </ul> <p>The link to the <a href="#">Radiation Therapy – A Guide for People with Cancer</a> booklet (Canadian Cancer Society) is included in these templates as an FYI only.</p>	At consult	DRCC nurse
<a href="#">Your First Visit to the DRCC</a> handout	If first consult appears at a partner site location	RO/nurse
<b>External Beam (Kidney SBRT AquOS Trial)</b>  When IV contrast requested, patient is to follow preparation instructions in "SBRT to Your Abdomen" handout as these incorporate the special eating instructions and preparation for IV contrast (do not provide patient with 'Your Planning CT Scan with IV Contrast' handout or 'Special Eating Instructions').		
<a href="#">Stereotactic Body Radiation Therapy to your Abdomen</a> handout	At initial consult	RO/ nurse
<b>External Beam (Bladder)</b>		
<a href="#">Bladder and Bowel Preparation for Radiation Therapy</a> handout (empty bladder for CT simulation and external beam treatments).	At initial consult	RO/nurse

External Beam (Prostate Bed)		
<a href="#"><u>Bladder and Bowel Preparation for Radiation Therapy</u></a> handout (full bladder and empty rectum for CT simulation and external beam treatments).	At initial consult	RO/nurse
External Beam (Prostate) with Gold Seeds		
<p><b><u>Either a or b</u></b></p> <p>a) <a href="#"><u>How to Prepare for Your Gold Seed Procedure With a General anesthetic</u></a> handout</p> <p>b) <a href="#"><u>How to Prepare for Your Gold Seed Procedure With a Local Anesthetic</u></a> handout</p> <p><b><u>+/-</u></b></p> <p><a href="#"><u>Having-a-Space-OAR-Procedure</u></a> handout</p>	At initial consult and information reviewed at pre-op	RO/nurse
<a href="#"><u>Gold Seed Procedure and HDR Prostate Brachytherapy Procedure: How to Prepare for Your CT Simulation and MRI Appointments</u></a> handout. <a href="#"><u>Going Home After a Procedure with a General Anesthetic</u></a> handout (if applicable).	Procedure Day	Nurse
External Beam (Prostate) without Gold Seeds		
<a href="#"><u>Bladder and Bowel Preparation for Radiation Therapy</u></a> handout (full bladder and empty rectum for CT simulation and external beam treatments).	At initial consult	RO/nurse
Combined Brachytherapy and External Beam (Prostate)		
<a href="#"><u>Radiation Therapy for Prostate Cancer: HDR Brachytherapy Procedure</u></a> handout.	At initial consult and information reviewed at pre-op	RO/nurse
<a href="#"><u>Gold Seed Procedure and HDR Prostate Brachytherapy Procedure:</u></a>	Procedure Day	Nurse

<a href="#">How to Prepare for Your CT Simulation and MRI Appointments</a> handout.		
<a href="#">Going Home After a Procedure with a General Anesthetic</a> handout.		
<b>Monotherapy Brachytherapy (Prostate)</b>		
<a href="#">Radiation Therapy for Prostate Cancer: HDR Brachytherapy Procedure</a> handout.	At initial consult and information reviewed at pre-op	RO/nurse
<a href="#">Going Home After a Procedure with a General Anesthetic</a> handout.	Procedure Day	
<b>All Sites</b>		
Review with patient the bladder and/or bowel preparations required for CT simulation and external beam treatments.	Phone call day prior to CT Simulation	radiation therapist
Provide handout to patient as applicable: <a href="#">Radiation Therapy to the Prostate</a> <a href="#">Radiation Therapy to the Bladder</a> <a href="#">Radiation Therapy to the Abdomen</a> handout (for patients receiving Kidney SBRT treatment)	CT Simulation	radiation therapist
<a href="#">How to Reduce Gas in Your Digestive System</a> handout (as required).	Treatment	radiation therapist/ nurse
<a href="#">Sitz Bath Instructions</a> (as required).	Treatment	radiation therapist/ nurse
<b>Bladder*</b>		
*At RO discretion based on treatment field location.		
<a href="#">Using a Vaginal Dilator</a> handout	When finishing external beam radiation treatments/at first follow up	RO/nurse

Last reviewed: January 2025