



Finding a Family Doctor or Nurse Practitioner

This list is for information only. Lakeridge Health/Durham Regional Cancer Centre does not represent or support any organization or individual on this list.

It can be hard to find a family doctor or nurse practitioner in the area where you live. This handout offers information that may help you find a new family doctor or nurse practitioner.

1. Health Care Connect

Health Care Connect is a government program that can help you find a family doctor if you do not have one. To sign up, call 1-800-445-1822. Go to hcc3.hcc.moh.gov.on.ca

2. Community Health Centres

Community Health Centres have programs to help you and your family stay healthy. These programs are free. Ask if their doctors or nurse practitioners are taking new patients.

A list of community health centres in Ontario is available by going to:
health.gov.on.ca/en/common/system/services/chc/locations.aspx

3. Your local newspaper

Some doctors advertise in the local newspaper when they are taking new patients. These doctors may be new to the area or taking on another doctor's practice.

4. Durham Canadian Mental Health Association - Nurse Practitioner Led Clinic

This clinic can help you and your family if you do not have a family doctor and live with a mental health issue. Call 905-436-8760 for more information

Call the cancer centre at 905-576-8711 or 1-866-338-1778 extension 33282 and ask to talk to a social worker if you have questions or concerns about the information in this handout.

Questions or concerns about your health

You may have questions or concerns about your health (not related to your cancer care and treatment) before you find a family doctor. Call 811 to connect with a registered nurse day or night for free, secure and confidential health advice.

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