

## Discussion of Your Prostate Cancer

### Stage

|     |                                |                |
|-----|--------------------------------|----------------|
| T1c | Prostate smooth. No nodules.   | Your stage is: |
| T2a | Lump on less than ½ of 1 side. |                |
| T2b | Lump on more than ½ of 1 side. |                |
| T2c | Lump on both sides.            |                |
| T3  | Outside capsule of prostate.   |                |

### Grade Group

|   |                                       |                      |
|---|---------------------------------------|----------------------|
| 1 | Gleason score less than or equal to 6 | Your Grade Group is: |
| 2 | Gleason score 3+4=7                   |                      |
| 3 | Gleason score 4+3=7                   |                      |
| 4 | Gleason score 8                       |                      |
| 5 | Gleason score 9 or 10                 |                      |

### PSA

|                 |             |              |
|-----------------|-------------|--------------|
| Less than 10    | Low risk    | Your PSA is: |
| 10 to 20        | Medium risk |              |
| Greater than 20 | High risk   |              |

### Risk

|   |                   |   |               |
|---|-------------------|---|---------------|
| 1 | Very low risk     | PSA less than 10 and Grade Group 1 and Stage T1c or T2a and less than 34% of biopsy cores positive and no core with greater than 50% involved and PSA density less than 0.15 ng/ml/cc | Your risk is: |
| 2 | Low risk          | PSA less than 10 and Grade Group 1 and Stage T1c or T2a   |               |
| 3 | Intermediate risk | PSA between 10 and 20 and Grade Group 1 <u>or</u> PSA less than 10 with Grade Group 2   |               |
| 4 | Intermediate risk | PSA between 10 and 20 or Stage T2b or T2c and Grade Group 2 <u>or</u> PSA less than 20 and Grade Group 3  |               |
| 5 | High risk         | PSA greater than 20 <u>or</u> Grade Group 4 or 5 <u>or</u> Stage greater than T3  |               |

# of cores positive: \_\_\_\_\_

% of cores positive: \_\_\_\_\_

Highest % of core positive with cancer: \_\_\_\_\_

PSA density: \_\_\_\_\_

## Your choices for care and treatment

| Evidence level                                     | Prostate Cancer Severity/Aggressiveness |  |  |   |  |
|--|---|--|--|---|--|
|  | Low Risk                                |  | Intermediate Risk  |   | High Risk  |
|  | Very Low Risk                           | Low Risk   | Favorable  | Unfavorable   |  |
| A / Strong   | Active Surveillance                     | NA   | Radical Prostatectomy<br><u>or</u><br>Radiation Therapy*                 | Radical Prostatectomy<br><u>or</u><br>Radiation Therapy* with or without Androgen Deprivation Therapy | Radical Prostatectomy<br><u>or</u><br>Radiation Therapy* with Androgen Deprivation Therapy |
| B / Moderate                                       | NA                                      | Active Surveillance  | Radiation Therapy*   | NA  | NA   |
| B / Conditional                                    | NA                                      | Radical Prostatectomy<br><u>or</u><br>Radiation Therapy*                 | NA   | NA  | NA   |
| C / Conditional                                    | NA                                      | Cryosurgery (whole gland)  | Active Surveillance<br><u>or</u><br>Cryosurgery (whole gland)            | Cryosurgery (whole gland)   | NA   |
| No evidence / clinical principle or expert opinion | NA                                      | Focal Ablative Therapy<br><u>or</u><br>High Intensity Focused Ultrasound | Focal Ablative Therapy<br><u>or</u><br>High Intensity Focused Ultrasound | Focal Ablative Therapy<br><u>or</u><br>High Intensity Focused Ultrasound                              | NA   |

\*Radiation Therapy may include:

- External beam radiation
- Brachytherapy
- Brachytherapy with external beam radiation

*Adapted from Clinically Localized Prostate Cancer: American Urological Association/ASTRO Guideline 2022.*

Last reviewed: March 2025