



# **Discussion of Your Prostate Cancer**

## Stage

| T1c | Prostate smooth. No nodules.   | Your stage is: |
|-----|--------------------------------|----------------|
| T2a | Lump on less than ½ of 1 side. |                |
| T2b | Lump on more than ½ of 1 side. |                |
| T2c | Lump on both sides.            |                |
| T3  | Outside capsule of prostate.   |                |

# **Grade Group**

| 1 | Gleason score less than or equal to 6 | Your Grade Group is: |
|---|---------------------------------------|----------------------|
| 2 | Gleason score 3+4=7                   |                      |
| 3 | Gleason score 4+3=7                   |                      |
| 4 | Gleason score 8                       |                      |
| 5 | Gleason score 9 or 10                 |                      |

### **PSA**

| Less than 10    | Low risk    | Your PSA is: |
|-----------------|-------------|--------------|
| 10 to 20        | Medium risk |              |
| Greater than 20 | High risk   |              |

#### Risk

| 1 | Very low<br>risk  | PSA less than 10 and Grade Group 1 and Stage T1c or T2a and less than 34% of biopsy cores positive and no core with greater than 50% involved and PSA density less than 0.15 ng/ml/cc | Your risk is: |
|---|-------------------|---|---------------|
| 2 | Low risk          | PSA less than 10 and Grade Group 1 and Stage T1c or T2a   |               |
| 3 | Intermediate risk | PSA between 10 and 20 and Grade Group 1 or<br>PSA less than 10 with Grade Group 2   |               |
| 4 | Intermediate risk | PSA between 10 and 20 or Stage T2b or T2c and Grade Group 2 or PSA less than 20 and Grade Group 3   |               |
| 5 | High risk         | PSA greater than 20 or Grade Group 4 or 5 or Stage greater than T3  |               |

| or cores positive.                      |
|---|
| % of cores positive:                    |
| Highest % of core positive with cancer: |
| PSA density:                            |

## Your choices for care and treatment

| Evidence level  | Prostate Cancer Severity/Aggressiveness |   |   |   |   |
|---|---|---|---|---|---|
|   | Low Risk                                |   | Intermediate Risk   |   | High Risk   |
|   | Very Low Risk                           | Low Risk  | Favorable   | Unfavorable   |   |
| A / Strong  | Active<br>Surveillance                  | NA  | Radical<br>Prostatectomy<br>or<br>Radiation<br>Therapy*     | Radical Prostatectomy  or Radiation Therapy* with or without Androgen Deprivation Therapy | Radical Prostatectomy or Radiation Therapy* with Androgen Deprivation Therapy |
| B / Moderate  | NA                                      | Active<br>Surveillance                                      | Radiation<br>Therapy*                                       | NA  | NA  |
| B / Conditional   | NA                                      | Radical<br>Prostatectomy<br>or<br>Radiation<br>Therapy*     | NA  | NA  | NA  |
| C / Conditional   | NA                                      | Cryosurgery<br>(whole gland)                                | Active Surveillance or Cryosurgery (whole gland)            | Cryosurgery<br>(whole gland)  | NA  |
| No evidence /<br>clinical principle<br>or expert<br>opinion | NA                                      | Focal Ablative Therapy or High Intensity Focused Ultrasound | Focal Ablative Therapy or High Intensity Focused Ultrasound | Focal Ablative Therapy or High Intensity Focused Ultrasound                               | NA  |

<sup>\*</sup>Radiation Therapy may include:

- External beam radiation
- Brachytherapy
- Brachytherapy with external beam radiation

Adapted from Clinically Localized Prostate Cancer Guideline, American Urology Association / American Society of Radiation Oncology / Society of Urologic Oncology Guideline, 2017.

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