## Aboriginal Relationship and Cultural Competency (ARCC) Courses Contest Information

## **Background:**

This contest is designed to help health care teams strengthen their cultural competency and understanding of First Nation, Inuit and Metis history to improve patient outcomes.

- Cancer Care Ontario has created 13 ARCC courses which are all free of charge.
- The contest is open to all health care providers and staff in the Central East Region.
- Courses are accredited by the College of Family Physicians of Canada and the Ontario Chapter for up to 19.5 Mainpro + credits.
- You must create an account prior to starting at <a href="http://elearning.cancercare.on.ca/login/signup.php?">http://elearning.cancercare.on.ca/login/signup.php?</a>
- Courses can be accessed at elearning.cancercare.on.ca.
- Each course takes approximately 60 minutes to complete and a short quiz follows each course to test knowledge gained.
- You have 90 minutes to complete each course. You can pause the modules at any point, and they will continue where you left off.
- To help share information about the contest and courses please visit the toolkit posted on www.arcccourses.ca

Contest Timeline: Closes Saturday, June 1, 2019 at 11:59 p.m. The courses are designed to be completed at your own pace.

## **Contest Rules:**

- You will receive an entry for every 2 courses completed.
- If you complete all 13 courses you will receive a total of 7 entries.
- After completing each course online you will receive a Certificate of Completion. Make sure you save this as a .PDF document.
- Email your 2 certificates and indicate where you work to arrccourses@lakeridgehealth.on.ca.
- Anyone who has already completed the ARCC Courses can submit their certificates and be eligible to win.
- Questions can be directed to arrccourses@lakeridgehealth.on.ca

## Winners:

- A winner will be selected each month.
- To quality for the monthly draw please email your certificate and indicate where you work by midnight on the last day of the month to arrccourses@lakeridgehealth.on.ca.
- Your name will remain in the draw each month.
- If you win, your winning entry will be taken out of the draw. E.g. if you have 7 entries in the draw and win in August, you will have 6 entries in the draw for the remaining months. If you have 1 entry and win, you will no longer have ballots in the draw until you complete more courses.
- Each winner will receive a \$100 gift card.
- We ask that all winners allow us to share their names in upcoming communications and promotions.

