

# Central East Prehospital Care Program

## MEMORANDUM

**TO:** All Ajax, Pickering, Uxbridge, Whitby and Clarington Firefighters.

**FROM:** Dr P Moran  
Medical Advisory Board CEPCP

**DATE:** 2014 04 14

**RE:** ROC CCC update

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We have received notification from ROC, that effective May 1<sup>st</sup>, 2014, we remain in the Continuous Compressions Arm (CCC) of the trial! Therefore, no change in your cardiac arrest management will occur for the next six months.

I will take this opportunity to reinforce the ROC benchmarks and the good things you are already doing for our patients:

- The approach to the patient in cardiac arrest is same regardless of cause:
  - Initiate chest compressions
  - Place the defibrillation pads and analyze the rhythm as soon as possible and then as prompted every 2 minutes after that.
  - Compressions, once started, should not to be interrupted for ventilations, but must be paused only for a rhythm analysis.
  - When a shock is indicated, provide compressions during the defibrillator charge cycle.

While the following is not from our program, if you follow the link, <https://www.youtube.com/watch?v=umKfJgwSPYc&feature=youtu.be>, it will lead you to a video regarding Toronto Fire and their roll out of the CCC arm of the trial and you may find its presentation interesting.

Last, but not least, once the call is complete remember to upload the file and send it to Andy Benson at [abenson@cepcp.ca](mailto:abenson@cepcp.ca) and please also send the Medical Assist Report or notes along with uploaded file to ensure we receive the complete correct information.

Thank you again for your commitment to participating in this important research. Please contact our office should you have additional questions or concerns.