



**Lakeridge
Health**

Slate of Nominees - Lakeridge Health Board of Trustees 2022/2023

The Lakeridge Health Board of Trustees has approved the following slate for recommendation to its Members at the upcoming Annual General Meeting:

The individuals below to be elected to the Lakeridge Health Board of Trustees for a three-year term:

- Nicole Blackman - Whitby
- Scott Briggs - Whitby
- Mary E. Flindall-Simpson - Ajax
- Arun Gupta - Pickering
- Elizabeth Jamischak - Oshawa
- Mark Mulima - Ajax
- Anita Neeson - Ajax, as the Volunteer Representative

The individual below to be renewed to the Lakeridge Health Board of Trustees for a one-year term:

- Rachel Traore-Takura - Bowmanville



New Board Members Bios

Anita (Diorio) Neeson

Originally hailing from Montreal, Quebec, Anita (Diorio) Neeson is a resident of Ajax Ontario.

For more than 25 years, she worked for the Canadian National Railways in Montreal and Toronto in various positions. She created and managed a new Word Processing Centre and served as a liaison between departments to resolve administrative and operational concerns. She interacted daily with key leaders throughout the organization, including CEOs, Vice Presidents, and union leaders and members.

In addition, Anita has served as a volunteer for a number of organizations. She was a member of the St. John's Ambulance Dog Therapy unit, visiting hospitals and long-term care homes and volunteered with Hearth Place Cancer Support Centre, visiting schools in Durham Region to interact with children who have cancer or who had a loved one or friend with cancer.

She has been volunteering with the Ajax Pickering Hospital for 25 years and in this role, initiated a training program for patients having hip replacements. In 2010, she was appointed as a director overseeing more than 200 volunteers.

Anita is also a volunteer with the Ajax Pickering Hospital Foundation, where she is a member of their Patron's council as an ambassador to the hospital and involved in fundraising. She presently serves as the Vice President of the Lakeridge Health Ajax Pickering Hospital Auxiliary and the Vice President of the Lakeridge Health Ajax Pickering Hospital Volunteer Council.

She is the recipient of two awards, received in 2012, the Queen's Jubilee Volunteer Service Award and the Provincial Award for Volunteer Leadership.

Arun Gupta

Arun Gupta resides in Pickering and is a partner with PricewaterhouseCoopers (PwC) where he leads the firm's Transformation Risk and Advisory team nationally. Over his 26 years with the organization, he has worked in New Delhi, Houston, San Francisco, Calgary, Edmonton, and Toronto.

Arun brings more than 15 years of health-care experience where he has helped numerous provincial health-care organizations in Canada with their operational, clinical, strategic, and back-office initiatives.

He also brings more than 20 years of transformation experience having helped clients across North America with their large transformation programs ranging from \$300 million to \$5 billion. These types of programs are the focus for him and his team at PwC.



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Arun is a Chartered Accountant and a graduate from Delhi University. He is also a Certified Internal Auditor and has certifications in Risk Management Assessment and Control Self-Assessment. In addition, Arun is a Scaled Agile 5 practitioner.

Elizabeth Jamischak

Elizabeth Jamischak lives in Oshawa.

She is a dynamic, intuitive, and proactive leader who is an advocate for process improvement. Elizabeth is known as a results-driven professional and an expert at building relationships, gaining credibility, and developing strong ties with internal and external stakeholders.

Elizabeth has served as a Board Director with several not-for-profit organizations where she led the strategic planning process, developed risk management strategies, led the CEO recruitment process, oversaw the reorganization of the Board structure, and was key in negotiating program development and centralization with regional funders.

Some of these roles include past President and Chair of Community Development Council Durham, Board Trustee and Chair of the Governance Committee for Oshawa Public Libraries, Director for the Clarington Concert Band, member of the Discipline Committee for the Ontario Professional Planners Institute, member of the Property Standards Committee for the City of Oshawa, and Chair of the Durham Mayor's Gala Committee.

Elizabeth currently holds two positions. She is the Director of Marketing and Communications for EZSigma Group, a firm that specializes in continuous improvement through Lean Six Sigma and works as a consultant for small businesses and non-profits on various projects, including facilitation, graphic design, event management, strategic planning, operational and governance efficiency, and more.

She holds a Communications Professional Certificate from Ontario Tech University, a Digital Media Skills Certificate from OCAD University, and a Six Sigma Green Belt from EZSigma Group. Elizabeth also completed NFP Governance Essentials through the Rotman Executive Program.

Mark Mulima

Mark Mulima is from Ajax.

Currently, he is the Vice President and Senior Legal Counsel for State Street Trust Company Canada. He has more than 25 years of legal experience in the financial services sector and held progressively more senior legal roles in both the public and private sectors, including working with the Ontario Securities Commission and acting as General Counsel for several financial services companies.

Mark received his Bachelor of Commerce degree from Carleton University and his Juris Doctor degree from the University of Ottawa.



Mary E. Flindall-Simpson

Mary E. Flindall-Simpson is a long-time Durham resident with more than 30 years of experience working in the municipal public service and with not-for-profit, public-sector Boards of Directors.

A respected leader with senior level management experience, particularly in areas of financial planning and innovative initiatives, Mary has held various leadership positions in the Finance Department of the Regional Municipality of Durham. She currently holds the position of Director, Risk Management, Economic Studies, and Procurement for this department at the Region and acts as the Deputy Treasurer and Acting Commissioner of Finance when required.

Mary currently serves as the Vice Chair of the Board of Directors for the Robert McLaughlin Gallery and as a member of the Board of Directors for Durham 9-1-1. She has also served as a Board member for Ontario Tech University (then University of Ontario Institute of Technology (UOIT)) and Durham College.

Mary holds a Master's degree in Economics from the University of Toronto and a combined Honours Bachelor of Arts Degree in Economics and Mathematics from Glendon College, York University. She is a Chartered Professional Accountant and holds various certificates, including a Risk Management Certificate from the University of Toronto.

Nicole Blackman

Nicole Blackman, DNP, MN, RN, identifies as an urban Indigenous Kwe (woman) with both Anishinaabe and German ancestry. She is a proud member of the Algonquins of Pikwakanagan First Nation and actively involved in health equity advocacy efforts at the provincial level, as well as within her local community of Durham Region.

Nicole is a Registered Nurse holding a Doctor of Nursing Practice attained through Walden University in Minneapolis, MN, and has focused her academic and professional career on Indigenous health and the incorporation of the model of wholistic health and wellbeing.

She has over 13 years' experience working in leadership positions with an Indigenous focus, including Director of Professional Practice for Weeneebayko Area Health Authority in the James and Hudson Bay region of northeastern Ontario, Indigenous Lead at the Durham Region Health Department, and Health Director for the Mississaugas of Scugog Island First Nation. Nicole is currently the Provincial Director of the Indigenous Primary Health Care Council.

She has dedicated her advanced practice nursing career towards working collaboratively with the Indigenous population to strengthen health and social outcomes, recognizing the importance of culture as healing in all forms of Indigenous health care.

Scott Briggs

Scott Briggs and his family are long-time residents of Whitby.



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Scott is Vice President, Digital Innovation and Chief Information Officer at Humber College Institute of Technology and Advanced Learning. Scott joined Humber in 2008 and is responsible for the development of institutional digital strategy and the delivery of digital services to the college community. Prior to joining Humber College, Scott held several senior leadership roles in the Ontario health-care sector, including Chief Information Officer at Markham Stouffville Hospital.

Scott serves on the Board of Directors for the Ontario Colleges Library Service and is a member of the Executive of the Ontario College Council of Chief Information Officers.

Scott holds a Master of Management Sciences and Bachelor of Mathematics from the University of Waterloo. As a graduate of The Director's College at McMaster University, he is also a Chartered Director (C.Dir.).