

Hello from Volunteer Resources

Did you know.....

Hospital Volunteers at Lakeridge Health Ajax-Pickering



Since 1951, there have been dedicated volunteers helping within the Ajax Pickering hospital walls. While so much has changed in our community since then, the commitment to supporting patients and families who need hospital services and successful efforts to raise funds in support of hospital equipment purchases has never wavered.

Today the volunteers are members of the ***Ajax Pickering Hospital Auxiliary***. Their board oversee all fundraising activities including the Gift Shop located at the East entrance; selling break-open tickets at the West entrance and various sales including very popular bake and book sales.

You will find adult and student volunteers greeting and way-finding from the entrances, within the Emergency department; Diagnostic Imaging and Day Surgery as well as engaging with patients on our in-patient units in a variety of roles, all in support of positive patient experiences.

Faith Mariano is the current President of the Ajax Pickering Hospital Auxiliary.

With the current visitor restrictions in place, Lakeridge Health is making every effort to help patients feel comforted during this time.

We are pleased to share that unlimited TV service is free for all patients for the month of May.

The free TV service has been graciously donated by the Ajax Pickering Hospital Auxiliary, Association of Hospital Volunteers Bowmanville, Auxiliary of Lakeridge Health Oshawa and Lakeridge Health.



Every patient received a message on their meal tray to notify them of this donation.

Thank you for your thoughtfulness and encouragement to our patients!



Become a virtual volunteer!

Please help us to boost the morale of our patients during this unique time as we will still have a no visitor policy in effect.

Help us search on line for short, positive and/or inspirational quotes along with a picture. Traditionally, patients receive a monthly mealtime message on their food tray sending words of encouragement or to celebrate a special holiday, but now we are sending them **twice a week!**

Send your quotes to Kerrie Brown,
kebrown@lh.ca

A message for you from
Lakeridge Health Spiritual & Religious Care
and Patient Experience



"Despite the forecast, live like it's spring."
~ Lilly Pulitzer

Outbreak at Orchard Villa

Progress Continues to be Made Against COVID-19 at Orchard Villa

- Lakeridge Health (LH) is leading the response in partnership with Durham Regional Health Department, Southbridge Care Homes, Orchard Villa Team and the Canadian Armed Forces
- A number of LH Staff have "volunteered" to support this team from the nursing, dietary and housekeeping staff
- Patient Experience Specialists support by connecting with family members identified by residents and provide regular individual updates on loved ones; they send and post a family newsletter
- LH IT created a specific web portal for families and friends to access current information about what is going on
- LH IPAC experts are leading the implementation of new policies and procedures to help reduce the spread of the virus (including mandatory training for all staff).
- The Auxiliaries of Lakeridge Health Bowmanville, Oshawa and Port Perry graciously donated needed clothing items from their retail shops for residents (**thank you immensely!**).
- Ajax Pickering Hospital ED Nurses showed support to the health care team at Orchard Villa with gift bags and signage, on their own time. The team from Orchard Villa is really grateful for all the encouragement and recognition, especially from their health care colleagues. Click or copy and paste this link (<https://www.youtube.com/watch?v=EWsLRxj4pg0&feature=youtu.be>) to watch the rally!

Cute Video



(.mp4)

Logan (Pet Therapy Dog at LHO) and volunteer Walter showing their support outside for LH staff.



Feel free to send any pics of nature or pets for us to share.

Wellness Tip



Take a moment to slow down your breathing. Slower breathing can help calm your nervous system and alleviate the physical symptoms of stress and anxiety.

