

Hello From Volunteer Resources

Hello everyone! I hope you will take a few minutes to read this entire article, thank you.

I don't know how to start this message without stating the obvious - in these unprecedented times, there are more questions than answers regarding the plans to return volunteers into our hospitals. As the Manager of Volunteer Resources I was invited to participate in the Visitor Task Force, a group made up of staff from many different roles. We have been meeting weekly to discuss recommendations for our Senior Team regarding visitor restrictions, loosening of restrictions and many related topics. This has been very interesting work, lead by Kim Lawn, the Director of Patient Experience. The recommendations are based on safety precautions, current data on COVID-19 inside the hospitals and in our communities, and with staff, patient and family input. A careful and staged approach to lifting the current restrictions is underway, and the group have now added the return of volunteers as a standing item for discussion.

The second obvious thing I am going to write here is that the physical and emotional presence of volunteers is missed within our walls. There is a great deal of excitement as plans are being made for your safe return, also with a careful and staged approach. Volunteer Resources received 906 responses to the recent survey that was sent to all Adult and Student volunteers and we are reviewing data now. Your own safety concerns were heard loud and clear and these will be top priority as plans develop.

At this time, Volunteer Resources has been mandated to develop a plan for the return of one volunteer role as a pilot at the Oshawa Hospital. Reintroducing volunteers into the Hospitality/Lobby/Info Desk role has been deemed the first priority. There are more people coming into the facility now as departments ramp up services and more patients are being permitted their family presence where possible. Visitor restrictions do remain in place as does the universal masking practice. Everyone in our hospital must wear a mask provided at the mandatory screening stations at entrances.

Volunteer Resources has reviewed the current role description and made changes based upon the current needs of the hospital. The Hospitality role will not be returning in this pilot period the same as it was before.

Third obvious statement: we simply don't know what changes will be required to any past volunteer role, and we won't be able to share with volunteers until more is known. This will not be a fast or easy period for any of us. COVID-19 has provided a spotlight on critical activities across our hospitals that would benefit from the involvement of volunteers. We commit to keeping you informed; however, what you may have been doing in a role before mid-March may not be what you will be doing should you choose to return, in this pilot period or in the future.

Our next steps for the pilot role in Oshawa include:

- working with our partners in Infection Prevention and Control regarding required safety messaging and training for any volunteer willing to return soon (no start date has yet been authorized)
- contacting the volunteers who were previously involved in the Oshawa Hospitality, Dialysis and Cancer Centre desk roles to share the new role description for their consideration,
- reaching out to all Oshawa volunteers,
- reaching out to all sites volunteers to ask for any interest in participating in this pilot.

Every volunteer has the right to make an informed decision about returning now or in the future and no one will be pressured.

Our Volunteer Resources Team remains grateful to the Auxiliary leaders who have been on weekly phone calls with us since the beginning of this challenging time. We will be reporting to them with plans first, then we will share with all of you. Please stay in touch with us and we commit to providing approved details as they become available.

Thank you all and please stay safe.

Helena Finn-Vickers
 Manager, Volunteer Resources and Spiritual & Religious Care

Help Stop the Spread with Masking

When we wear masks at work we protect our colleagues and patients. When others wear masks, they protect us. Follow these simple masking do's and don'ts to help us stay safe at work.



Help Stop The Spread Of COVID-19



Masking

DO



Wear your mask.

All team members, patients and visitors should wear a mask at all times. Cover your mouth and nose with your mask. Masks can be removed when eating.



Store your mask safely when you are not wearing it.

Discard mask in covered trash bin when mask is soiled or at the end of its lifespan. Wash your hands after discarding mask.

DON'T



Wear mask on your chin or on top of your head. If you need to remove your mask, don and doff it correctly.



Touch your mask.

Wear a ripped or torn mask.

Wear a loose mask. You may need to adjust your mask after first putting it on.



Work without a mask.

Just picked up my social distance support animal.



Thank you Marion S. for sending this in!



Cultivating inclusion, diversity and equity at Lakeridge Health

Take a moment to watch this important video to learn more about our inclusion, diversity and equity work at Lakeridge Health – what's new, what is happening next and the many ways you can be part of the process.

https://www.youtube.com/watch?v=X-nB1qt_ThE

Strength and Balance Exercises

<https://www.ottawapublichealth.ca/en/public-health-topics/strength-and-balance-exercises.aspx?fbclid=IwAR30vVqiEViA38xIsK-vB7zM1BEXew14gU9-fZLFxuovBvhQqBOlonnJR-A>

From the Ottawa Public Health Website

Listen to Dr. Tony Stone's latest interview on the Rock

Chief of Staff Dr. Tony Stone was [interviewed](#) this morning on The Rock morning show about the COVID-19 situation in Durham Region, how people can get tested and preparing for a potential second wave.

Husbands Job

Husband:

"I changed a light bulb today. "

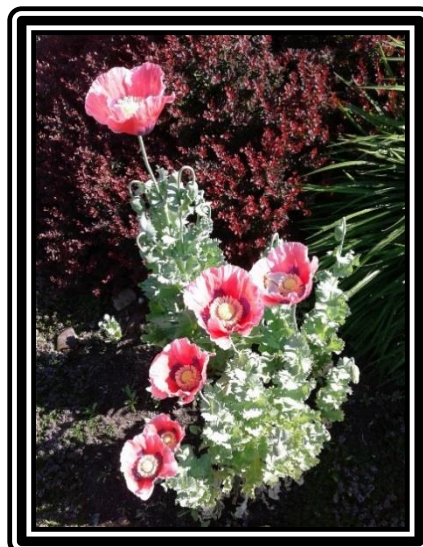
Wife: "That's it? I did the laundry, vacuumed the house, washed windows, cooked three meals, and the list goes on and on ... And you changed a single light bulb?"

Husband:

"Yep, that's what I did today. Watch this; I filmed me doing it."

https://www.youtube.com/embed/f1BgzlZRfT8?feature=player_embedded

Thank you Jean G.



Beautiful
Pink
Poppies

Thank you
Volunteer
Maria L. for
sharing!

Cover up for **Canada!**



- Remember to wear a mask when maintaining physical distance is not possible
- Remind your family and friends that wearing a face covering when in close contact with someone outside of their 'social bubble' can prevent the spread of COVID-19 and protects us all
- **We've got this...eh!**



Thank you Marion N. for sending this in!

Up Here, in Canada

<https://www.youtube.com/watch?v=37nGeXn2K9c>

Thank you Charlene W. for sending this in!