

Hello From Volunteer Resources

Did you know...



Hospital Auxiliary Port Perry Volunteers became an indispensable addition to the hospital in 1952. There have been vast changes throughout the community and within the local hospital itself. The support and dedication of the volunteers has been well documented and very much appreciated by patients, community members and staff.

Volunteers positively impact the patient experience while offering hospital services along with their prosperous fundraising endeavours. Everyone is welcomed by a friendly smile while helping others navigate their way, when providing assistance in the Day Surgery waiting room, delivering water to patients or offering a friendly visit with a patient on the nursing unit.

All volunteers are members of the **Hospital Auxiliary Port Perry**. Their board members are responsible for all fundraising activities some of which includes the Coffee Shack, Camille's Corner Gift Shop, off-site Camille's Corner Thrift Shop, Polar Plunge, Strawberry and Fall Festivals as well as the Rotary Ribfest.

Virtual Connections

As of May 25, 2020, Virtual Connections has connected over 1000 calls successfully.

Through a hospital mobile device, you can connect with your loved ones virtually with a face-to-face visit.

Before you begin, **please review the [Guide to Getting Started](#)** and then call **905-433-4429**. You will be connected to an "Operator" at Lakeridge Health who will support your virtual connection with your loved one.

This service is available Mondays through Fridays from 11 a.m. - 9 p.m.

Email a Patient

"**Email a Patient**" numbers have tripled comparing to the same time last year. [Email a Patient](#) - A free online service where you can send a personalized electronic message that will be printed and read to your loved one.

No Visitor Policy

No change in the **No Visitor Policy**. Read more about our Visiting policy: [Information for our Patients, Families and Community about our No Visitor Policy](#)

Volunteer Resources Staff continue to support Lakeridge in projects needing our involvement. So yes, we continue to come into the hospitals.

Currently, we are

- **Overseeing reassigned staff** across all 5 hospitals,
- Assisting with the **Knitting Families Together** initiative (crafted hearts in pairs – thank you to everyone involved thus far!)
- Continue to support LH staff moral by delivering **Care Packages** (snacks)
- Delivering Healing Messages to patients throughout hospitals and
- **Meal Tray Messages** to patients (thank you to everyone who has sent in a quote) twice a week to patients (***really need your help*** – send in inspiration messages to Kerrie Brown by emailing kebrown@lh.ca – you can claim volunteer hours).
- And of course, **weekly messages** like this one.



Let's CELEBRATE!



Lakeridge Health “Pays It Forward” to boost Food Security in Durham

The Lakeridge Health community and team across the organization donated **2,502 lbs of food equaling over 1,700 meals** for the “*Pay it Forward*” Food Drive! This generosity is making a difference to community members in need.



Lakeridge Health Foundation

17 May at 16:00 ·

Donna has supported our community through many roles at #LakeridgeHealth, such as a physiotherapist and Patient Care Manager. Her mom, Aldith, was a nurse for 20+ years and is now a passionate Hospital volunteer. And Donna’s son, Mark, is now a #LakeridgeStrong nurse too! Join us in celebrating this three generation Hospital hero family for their dedication to the health care of our loved ones right here in #DurhamRegion! <https://bit.ly/3fTBcpG>

A special thank you to **Carol McAllister** and **Linda McLeod**, Co-convenors of the **New to You Shoppe** for their quick response of donation of clothing for patients in need.



Community and Foundation Update:

\$937,000+

Raised and counting!

Recent addition to LHO ~ window wrap



Attention

Looking to get tested for COVID-19?

COVID-19 tests are by appointment only.

Please go to

covidswab.lh.ca,

complete the online form and follow-up instructions for your appointment will be emailed to you.



Afghans/Blankets NEEDED for New Patients in the Cancer Centre:

We will, very soon, need more afghans for new patients at the R.S. McLaughlin Durham Regional Cancer Centre (DRCC) at Lakeridge Health Oshawa (LHO) Hospital. If you knit or crochet and can help with this, thank you, and please share the need and details below with people you know.

- The dimensions of the blankets are requested to be 45 inches x 55 inches (115 cm x 140 cm).
- Yarn to use 100% acrylic, worsted weight #4
- No fringe or decorative element – it tangles with the IV



If anyone has completed blankets at home:

- Please put them in tied off large plastic bags or garbage bags (**include your name, address, and phone number on the bag**).
- Drop them off at one of the screener stations at LHO.
- Indicate they need to go to VOLUNTEER RESOURCES first. IPAC requires these to sit for a few days and then VR can let the DRCC staff know we have more to be given out.

If you are an active volunteer, you can **claim volunteer hours** for this! Please send your hours to Kerrie Brown (kebrown@lh.ca or 905-576-8711 ext. 21288)

If you have any questions, please connect with Nancy Tanner (ntanner@lh.ca or 905-576-8711 ext. 33310).

Thank you and stay safe!

Mocha wants to remind everyone the importance of observing social distance rules and protecting yourself with a mask!

(Thank you to Volunteer Jacqueline who sent in this week's picture.)

We would love to share more of your photos! Keep them coming!



Two Guys Trying to Catch a Flight:

<https://www.youtube.com/watch?v=rQKvNg5ik7M>

An incredible feat by two skydivers.

Thank you to Volunteer Cornelia for sending in the video.

Knitting Families Together

Connie Peyton, RN in the Oshawa ICU, has an initiative up and running for patients and families. **Knitting Families Together** is a program that helps to soften the impact of restricted visiting and connects so many caring and talented people in the community who just want to help.

With the **Knitting Families Together** initiative, caring community volunteers **knit, crochet, or sew matching pairs of hearts**. The handcrafted hearts can be a welcomed gift, a symbol of love and caring in a medical setting which can seem overwhelming. One of the hearts is given to the patient in hospital, and the matching one is given to the patient's family. These matching hearts provide comfort to our patients and their families and unite them at a time when they are not able to be together. Holding one of these hearts, knowing that their loved one has a matching one, helps both patient and family member to feel more connected. Crafted by caring community volunteers and hospital staff, the hearts are also reminders to patients and their families that they are in the thoughts of many and have the love and support of the community.

If you'd like to help, here's what you can do:

Knit, crochet, or sew a pair of identical hearts, as follows:

1. Hearts should be approx. 2.5 to 3 inches in size, so that they can comfortably be held in the palm of the hand.
2. Please use clean yarn/material, any colour although red and pink preferred.
3. Place hearts in a clear, sealed bag, and write **FOR PATIENT EXPERIENCE** and **THE DATE YOU SEALED IT** on the outside of the bag. Please also label the bag **your name and phone number**.
4. Drop off the bag(s) containing the hearts to any Lakeridge Health Hospital entrance screener station and leave with the screening staff. Volunteer Resources AND Patient Experience staff will arrange to pick these up, to get these to units across all hospitals for distribution.

Here are links to some recommended patterns:

Knit

<https://www.ravelry.com/patterns/library/hearts-28>

Crochet:

<https://www.planetjune.com/blog/free-pattern-love-hearts/>

(size C or D work best)



Your help is so very appreciated!

