



MEDICAL DIRECTIVE**Title: Hypertension screening with routine non-stress test****Approved by/Date: Medical Advisory Committee – Jan 2010**

Authorizing physician(s)

Obstetricians at LHO

Family physicians that practice obstetrics at LHO/LHPP

Authorized to who

Registered nurse(s) working in the obstetric clinic or New Life Centre

Patient Description / Population

Obstetric patients who present for an outpatient non-stress test

Medical Directive Description/Physician's Order

For patients who demonstrate an elevated blood pressure with (i) systolic equal or greater than 160 mmHg OR (ii) diastolic equal or greater than 90 mmHg

- Elevated blood pressure profile
- Urine for routine microscopy

RN will communicate results with pt's MRP or obstetrician-on-call (if unable to reach MRP) for ongoing care

Specific conditions/circumstances that must be met before the Directive can be implemented

None

Contraindications to the implementation of the Directive

None

Identify relevant Delegated Control Act or Added Skill associated with this Directive

None

Documentation requirements

- *Documentation of initial BP followed by BP q30min*
- *Documentation of follow up plan of care*

Review/Evaluation Process (how often/by who)

Yearly

Related Documents

