



Lakeridge
Health

MEDICAL DIRECTIVE
Dimenhydrinate for Prevention of Nausea Induced by
Prophylactic Medication

Approved by/Date: Medical Advisory Committee – June 26, 2012

Authorizing physician(s)

Physician of the Domestic Violence/Sexual Assault Care Centre (DV/SACC)
Emergency Department Physicians (LH Oshawa Only)

Authorized to who

Registered Nurses working at the DV/SACC who have been certified as a Sexual Assault Nurse Examiner (SANE) or nurses that hold the knowledge, skill and judgment that work within the DV/SACC Program.

Patient Description / Population

- Client over the age of 12 years old receiving multiple doses of medications known to cause nausea and/or vomiting to treat the risks related to sexual assault.
- Clients over the age of 12 years old with a history of nausea and vomiting when taking antibiotics or emergency contraceptive pill

Medical Directive Description/Physician's Order

Dimenhydrinate 50 mg once orally

Specific conditions/circumstances that must be met before the Directive can be implemented

- Client must be registered to DV/SACC
- DV/SACC standard sexual assault and health history must be completed by the RN in consultation with the client
- Client is not driving oneself at the time the dimenhydrinate is taken
- No loss of consciousness
- No head injury

Originating Committee: Emergency Program Council, March 26, 2012
Medical Advisory Committee: June 26, 2012

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Contraindications to the implementation of the Directive

- Client has a known allergy to dimenhydrinate
- The nurse must consult with the DV/SACC physician (or Emergency Physician if not available) if client is:
 - elderly
 - severe asthmatic
 - pregnant or lactating
 - has persistent vomiting
 - alcoholic using any other sedatives, tranquilizers or antihistamines

Identify relevant Delegated Control Act or Added Skill associated with this Directive

None

Documentation requirements

- Document medication administration as per Lakeridge Health Policy
- Document on client treatment and follow up form

Review/Evaluation Process (how often/by who)

Review to be done on a biannual basis. Review to be conducted by the DV/SACC Medical Director and the DV/SACC RN

Related Documents

None

References

- Ontario Network of Sexual Assault and Domestic Violence Treatment Centres-Medical Guidelines for HIV Post Exposure Prophylaxis for Sexual Assault Survivors (2011)
- Ontario Network of Sexual Assault and Domestic Violence Treatment Centres-Medical Directives (2011)
- College of Nurses of Ontario (2012)