

Surgery at Lakeridge Health During COVID-19 Pandemic

Frequently Asked Questions

How do I stay safe leading up to my surgery?

Before surgery you will be asked to self isolate at home for 14 days. Self isolation is a strategy used to reduce your risk of coming into contact with the COVID-19 virus.

- ✦ If you are in a room with other people, keep a distance of at least 2 metres from others and wear a mask that covers your nose and mouth.
- ✦ Hand-wash or use hand sanitizer before and after contact with any shared surface.
- ✦ Do not share any items such as food and drinks, eating utensils, bed linens, towels, washcloths toothbrushes or cigarettes.



Failure to follow the suggested physical distancing and self isolation may result in your surgery being postponed

If I have to go to work/appointment/unbreakable commitment within 14 days of surgery.

- ✦ Use virtual options to work from home and/or connect with friends and family.
- ✦ Maintain at least 2 metres from other people whenever possible.
- ✦ Wear a mask when leaving the house and while at work.
- ✦ Avoid common areas at work.
- ✦ Avoid common greeting such as handshakes and hugs.
- ✦ Use online shopping or have someone else do your shopping for you.



If I am feeling unwell within 14 days before surgery or on the day of surgery what should I do?

Do not come to the hospital, stay home and notify your surgeon's office. COVID-19 signs/symptoms may include:

- ✦ Fever
- ✦ New or worsening cough
- ✦ Shortness of breath
- ✦ Sore throat
- ✦ Changes to taste or smell
- ✦ Chills
- ✦ Headache
- ✦ Pink Eye
- ✦ Runny nose/nasal congestion
- ✦ Gastrointestinal symptoms (abdominal pain, nausea, vomiting, diarrhea and/or decreased appetite)
- ✦ General feeling of being unwell
- ✦ Fatigue, muscle aches/pains

COVID-19 Testing

Will I have a COVID-19 test prior to my surgery?

You are required to organize a COVID test 3 days prior to your surgery. For timely COVID test results, we ask you arrange to have your COVID test collected through one of our Lakeridge Health COVID Assessment Clinics.

When a request for a COVID-19 test is entered it takes approximately 24 hours to receive your appointment date and time via email. If your appointment time falls outside of the 3 days prior to surgery, there is an option to reschedule to meet the 3 day (72 hour) requirement.

The purpose of this test is to help the health care team plan for a safe surgery, and prevent negative outcomes to you during or after surgery.

**A list of the Lakeridge Health COVID Assessment Clinic locations and hours are listed at the end of this document **

If your surgery day is on	Monday	You need a COVID test done on the Friday before your surgery
	Tuesday	You need a COVID test done on the Saturday before your surgery.
	Wednesday	You need a COVID test done on the Sunday before your surgery.
	Thursday	You need a COVID test done on the Monday before your surgery.
	Friday	Your need a COVID test done on the Tuesday before your surgery.



Lakeridge Health has been working to reduce the spread of the COVID-19 virus in many ways.

- ◆ All patient's will receive a time to arrive at the hospital from their surgeon's office. Do not arrive earlier than this time.
- ◆ Staff are located at each entrance asking a series of questions related to COVID-19 symptoms to all staff and patients entering the hospital.
- ◆ There is a **restricted/no visitor** policy in place. If you require assistance for exceptional circumstances including: mobility, cognitive, mental, visual and/or hearing impairment or language barrier let your surgeon's office know.
- ◆ You will be asked to wear your mask while on hospital property. Mask's are provided to everyone entering the hospital.
- ◆ Hospital staff will also be wearing masks and eye wear to protect you and themselves from COVID-19 spread.
- ◆ Hand sanitizer stations are located throughout the hospital, use these stations to practice frequent hand hygiene; as you move through the various locations within the hospital.
- ◆ Appointment times have been altered to maintain social distancing practices.

Will I be placed in a room with COVID-19 positive patient?

No, there are designated floors and rooms for known positive COVID-19 patients.



How will my ride home know I am ready to be picked up?

A staff member will call your ride home and plan a pick up time and location. We ask your ride be readily available to pick you up. A Lakeridge staff member will escort you to meet your ride



Can I bring my own cell phone/tablet from home?

Absolutely! To stay connected with family/friends please bring your devices. *(Lakeridge is not responsible for lost or stolen items).*



Lakeridge Health COVID Assessment Clinic's in Durham Region

Ajax Pickering Hospital
580 Harwood Ave South
Sunday-Saturday (8:00am-6pm)
test's available for patient's >15 years old

Clarington COVID Assessment Center
Garnett B. Rickard Recreation Complex
2440 Durham Regional Hwy 2
Monday, Wednesday, Friday (8:00am-5:00pm)
Tuesday & Thursday (11:00am-8:00pm)
Saturday & Sunday (10:00am- 4:00pm)

Downtown Oshawa COVID Assessment Center
1 Mary Street (parking garage)
Monday - Friday (9:00am-8:00pm)
Saturday & Sunday (9:00am-2:00pm)

North Durham COVID-19 Assessment Center
Prince Albert Hall
19 Jeffery Street
Monday (8:00am-8:00pm)
Tuesday- Thursday (12:00pm-8:00pm)
Friday- Sunday (12:00pm-4:00pm)

Whitby COVID Assessment Center
patient's under 2 years old tested here
Haydenshore Pavillion
589 Water Street
Monday- Sunday (9:00am-5:00pm)

Pickering COVID Assessment Center
1101 Kingston Rd, Unit 140
Monday (12:00pm-8:00pm)
Tuesday-Friday (10:00am-6:00pm)
Saturday & Sunday (9:00am-3:00pm)

Manilla COVID Assessment Center
16990 Simcoe Street
Friday's ONLY

Sunderland COVID Assessment Center
120 River Street
Mondays ONLY

Beaverton COVID Assessment Center
360 Bay Street
Wednesday's ONLY



You can also scan this QR code (to the left) to complete the Lakeridge Health COVID-19 testing online registration form. Once the form is completed you will be contacted by the COVID-19 Assessment Clinic by phone or email with an appointment date and time for your COVID-19 test. Please ensure you are checking your email frequently for COVID-19 testing appointment.

No walk- in appointments will be accepted.

All patient's must arrange an appointment through the Lakeridge Health Website www.lakeridgehealth.on.ca. If you require assistance filling out the online form contact your family doctor or the Durham Region Health Department at 1-800-841-2729.

If you have any further questions regarding COVID-19 specifically please see Durham Region Public Health Department's website at www.durham.ca. For questions specific to your surgery please contact your surgeon's office directly.