

## How to complete the Your Symptoms Matter: Prostate Cancer questionnaire

**Each time you have an appointment to see a doctor** at the cancer centre you will need to do the Your Symptoms Matter: Prostate Cancer questionnaire.

Complete the questionnaire the night before or the morning of your appointment in your MyChart account during eCheck-in. If you have not registered for MyChart, ask a member of your healthcare team about it. You can also sign up at <https://mychart.ourepic.ca>

You can also complete the questionnaire at one of the check-in computers in the cancer centre when you come for your appointment. Your answers on the questionnaire are seen in your electronic healthcare record (chart) for your healthcare team to review.

When you complete the questionnaire, your doctor and nurse can:

- Review your answers before they see you
- Understand the symptoms that are a problem for you
- Talk to you about your symptoms and how to manage them

### **What is the Your Symptoms Matter: Prostate Cancer Questionnaire?**

You will be asked about the cancer related symptoms you have at the time you complete the questionnaire. The questionnaire has 17 questions. It will take you less than 5 minutes to complete it.

This questionnaire will ask you about problems like:

- Dribbling of your urine
- Urinating (or peeing) often
- Feelings of 'burning' when you urinate
- Bowel movements that cause you pain
- Firmness of your erections
- Hormonal symptoms such as hot flashes or breast tenderness

You do not have to answer all of the questions. You will also be asked about your activity level in the last month.

### **When you complete the questionnaire, your doctor and nurse will be able to:**

- Review your answers before they see you.
- Understand the symptoms that are a problem for you.
- Talk to you about your symptoms and how to manage them.
- Plan the next steps in your care with you.

Please talk to a member of your health care team if you have questions or do not understand any of the information in this handout.

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