R.S. McLaughlin Durham Regional Cancer Centre

How to Manage Your Systemic Therapy Treatment Appointments

This handout offers information on how to manage your appointments for systemic therapy treatment. This includes your appointments for bloodwork, with the nurse and oncologist and for treatment. We need you to review and confirm each scheduled systemic therapy treatment appointment on MyChart. Talk to a member of your healthcare team <u>if</u> you have concerns about this.

How to review and confirm your appointments

- 1. Sign in to your MyChart account. See the information below if you have not already signed up for MyChart.
- 2. Click on the 'visits' button to see a list of your upcoming visits (appointments). Your next appointments for systemic therapy treatment will appear on MyChart no later than 3 days before your next appointment with the Oncologist.
- 3. Click on 'appointment details' for each upcoming (or future) visit.
- Click the green 'confirm' button.
 This notifies the healthcare team that you know about your appointments.



Changing or cancelling a systemic therapy treatment appointment

On the day of your appointment:

- ➤ Call the Systemic Therapy Suite at 905-576-8711 extension 34030.
- ➤ Call your primary nurse at the cancer centre from Monday to Friday, 8:30 am to 4 pm, (except on holidays). Use the phone number your primary nurse gave you.

To cancel an upcoming (or future) appointment

- ➤ If you are cancelling because of an illness: Call your primary nurse at the cancer centre from Monday to Friday, 8:30 am to 4 pm, (except on holidays). Use the phone number your primary nurse gave you. You can leave a non-urgent message after-hours and on weekends or holidays.
- ➤ If you are cancelling for other reasons: Call the scheduling team at 905-576-8711 extension 34242 from Monday to Friday, 8:30 am to 4 pm (except on holidays).

How to sign up for MyChart:

- A member of your healthcare team can send you an email or text with the link to complete sign up or
- Sign up at https://mychart.ourepic.ca

Talk to a member of your healthcare team if you have questions or concerns about any of the information in this handout.

Last reviewed: January 2024