

#### MEDICAL DIRECTIVE

# **Erythromycin for Chlamydia Drug Prophylaxis when a Client is Pregnant or Breastfeeding**

Approved by/Date: Medical Advisory Committee – June 26, 2012

### Authorizing physician(s)

Physician of the Domestic Violence/Sexual Assault Care Centre (DV/SACC) Emergency Department Physicians (LH Oshawa Only)

#### Authorized to who

Registered Nurses working at the DV/SACC who have been certified as a Sexual Assault Nurse Examiner (SANE). Nurses that hold the knowledge, skill and judgment that work within the DV/SACC Program.

#### **Patient Description / Population**

Any sexual assault client over 12 years of age and is pregnant or lactating when vaginal or anal penetration with a penis has occurred and/or is uncertain or does not remember the sexual assault, regardless of condom use or ejaculation.

### Medical Directive Description/Physician's Order

Erythromycin 500 mg orally qid for 7 days

## Specific conditions/circumstances that must be met before the Directive can be implemented

- Client must be registered to DV/SACC
- DV/SACC standard sexual assault and health history be completed by the RN in consultation with the client
- Obtain consent for prophylactic treatment an explain to client that erythromycin is prophylactic in the absence of laboratory results
- Explain options regarding sexually transmitted infections (STIs) treatment and testing (take medication now and be retested in 3 weeks or not take medication now and be tested in one week)
- Advise client of possible side effects, especially gastrointestinal disturbances
- Advise client to take erythromycin with food to decrease gastrointestinal side effects
- Inform client they should be retested for STIs in 3 weeks time following completion of erythromycin administration

Originating Committee: Emergency Program Council, March 26, 2012 Medical Advisory Committee: June 26, 2012

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### Contraindications to the implementation of the Directive

- Known allergy to macrolides (azithromycin, erythromycin, clarithromycin etc.)
- Erythromycin is not to be taken with antihistamines since erythromycin may impair metabolism of the antihistamine, potentially resulting in serious cardio-toxicity
- Clients taking carbamazepine (Tegretol), cyclosporin (Sandimunne), theophylline, triazolam (Halcion) or warfarin (Coumadin) must be closely monitored by a Physician if taking erythromycin
- Notify DV/SACC physician (or Emergency Physician if not available) for alternative treatment if any of the above are noted

## Identify relevant Delegated Control Act or Added Skill associated with this Directive

None

### **Documentation requirements**

- Document medication administration as per Lakeridge Health Policy
- Document on client treatment and follow up form

## Review/Evaluation Process (how often/by who)

Review to be done on a biannual basis. Review to be conducted by the DV/SACC Medical Director and the DV/SACC RN

#### **Related Documents**

Azithromycin for Chlamydia Drug Prophylaxis

#### References

- Ontario Network of Sexual Assault and Domestic Violence Treatment Centres-Medical Guidelines for HIV Post Exposure Prophylaxis for Sexual Assault Survivors (2011)
- Ontario Network of Sexual Assault and Domestic Violence Treatment Centres-Medical Directives (2011)
- College of Nurses of Ontario (2012)
- Canadian Guidelines on Sexually Transmitted Infections, Public Health Agency of Canada (2006)

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